

# The Spagyric Cosmos



## Soluna Spagyric Remedies

Philosophy, Volume 1

by Christoph Proeller

### Spagyric and the Cosmos "Universe"

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Laboratorium Soluna GmbH, which was established in 1921, is one of the largest producers of homeopathic spagyric medicines in the world.

The term spagyric is often used as a synonym for alchemy. More accurately, it has also come to mean the practical application of alchemy to the creation of medicinal remedies. Historically the term was introduced in the late middle ages. The great alchemical philosopher Paracelsus made the first written reference to the term in his "**Opus Paramirum**," when he advised doctors to "Study alchemy, otherwise known as spagyric, for this reason: to learn to differentiate between what is correct and what is false."

According to alchemy the Cosmos, which encompasses all of existence, was created by the Divine and has 3 main spheres of existence: spirit – soul – body (fig. 1)



Fig. 1:  
The cosmic spheres  
of existence

### The Body

The body is made of physical (coarse) matter, which can be perceived through human bodily sensations and through chemical-physical methods. Today, it is a measure of all things and correspondingly it is well researched. Conventional medicine only deals with the body; it is taught in medical schools in subjects that range from chemistry to anatomy. One cannot have enough of it in the form of money, and man degrades it without concern for any losses in nature.

### The Soul

The soul is made of energetic (subtle) matter, which can be perceived exclusively through spiritual reflection. This means that the soul, like the body, is a shapeable matter. The alchemical idea of matter includes not only the physical but the soul (or energetic constitution of a being). The enthusiastic soul expresses itself in motivation, contentment, creativity, individuality and other common feelings. Today more than ever, morality, humility and ethics are neglected expressions of the soul.

### The Spirit

The spirit is the source of life. It forms itself out of three principles:

- **Mercurius** is the activating or stimulating life force – the "power to form." This power dissolves the gross forms of life and thus creates the necessary space for new forms of life.
- **Sulphur** is the life form – the "information of the form". It forms the soul and body matter into the spiritual signature. It is often related to specific organs or systems of the body.

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- **Sal** is the retarding or sedating life force – the power to “keep the shape” and thus the counterforce of mercurius. This power solidifies the material, which has been softened by mercurius. In this way, the life forms of sulphur are crystallized and can be used in remedies.

Essentially, the perfect spirit is purely objective and timeless. Light is a metaphor for the perfect spirit. Interestingly, even physics recognizes light as a timeless phenomenon that never changes in the course of time. Alchemy regards the soul and physical matter as condensed light. Thus spirit causes matter: spirit > soul > body (fig. 1). According to the theory of relativity, energy (light) is changeable into matter (material) and vice versa. Two examples:

- The sun is losing 4.2 million tons of matter per second through processes of nuclear fusions, which free energy.
- By means of particle accelerators, particles with almost the speed of light can be fired and be brought to collision. This way the kinetic energy can be released into new and measurable parts.

Modern natural science has drawn near again to the alchemical philosophy heralded by great minds of the past. Even with this progression in science, the modern energy concept is still far removed from the vital-energetic idea of energy that alchemy teaches. Accordingly, the alchemist and founder of Laboratorium Soluna Alexander von Bernus speaks of a “natural science of the present, which is still spiritually alienated despite quantum mechanics and the theory of relativity.”

## The Cosmos and Spagyric Medicine

In the perfect cosmos, matter (soul and body) is completely spiritualized. In this manner, totally spiritualized matter transmits the perfect light to the outside (soul > body). In homeopathic and spagyric remedies, water and alcohol have this transmitting characteristic! This transmuting of spirit into matter through specific processes is what Spagyric Medicine is based on (fig. 2)



Fig. 2: Spagyric as a cycle with two phases

Each life rhythm – as for example the rhythms of day and night, the rhythm of the seasons, the rhythm of the years, the rhythm of life, rhythms of the heart and the breath, etc. – has two phases:

- In the **expansion phase** (which is derived through distillation of medicinal plants) the activating mercurius operates. It dissolves matter (soul and body), thus dissolving the materialized forms of life. This way spirit is separated from matter (Spa from Greek = separate). The energy freed from matter can enter the perfect spiritual light (the universal ether) and can become potentiated.
- In the **densification phase** (which is brought about through the process of maceration) the retarding Sal operates. It concentrates matter (soul, body) and thereby connects the previously heightened form of spirit with matter (gyrik from Greek = connect). This way the spirit forms of life reach matter (soul and body).

In the rhythm of mercurial expansion and saline phase of densification, the nature of things is changed into the direction of predestined perfection and complete health.