

Caspar Szulc (00:00:00):

You know, of this caliber up here together. And I know that they go way back, but it's been decades since they've actually been together. And so this is gonna be very very unique night and a real treat for everyone here. So, if you don't know, my name is Casper Szulc. I am the President of Innovative Medicine, as well as the host of the Your Health. Your Story. Podcast. I see a few guests here as well. Beautiful faces. And you know, one of the things that we're, we're trying to establish here tonight is going over a number of topics. We, we want to start a discussion that really starts to address all the issues we're seeing in the world today, and especially in medicine and health. And I'm gonna ask you guys to hold off on the questions a little bit later. And what we're gonna do first is just establish and go into some bigger topics and really let the panel share their knowledge and also their stories. So, starting with the first person to my left is a very special person. Someone dear to me, I know his dad, but you guys and everyone else knows him as Dr. Thomas Szulc. He is the Medical Director of the New York Center for Innovative Medicine. He is also the author of the book, the Art of Medicine. Dr. Szulc has been, oh,

Caspar Szulc (00:01:24):

Thank you. Yes, please.

Caspar Szulc (00:01:30):

He's been traveling around the world for decades now, really seeking out the best options. And you know, he's put together an amazing toolkit that I myself, have experienced, many people here have experienced. And one of the things he's also been able to do is create a very unique and sophisticated system of analyzing and personalizing treatment called Bioresonance Analysis of Health, BAH, something we'll probably get into a little bit here tonight. You know, in these travels as well, where he, he's been around the world meeting with experts. He's met a lot of interesting people, and one of them is our second panelist, Dr. Thomas Rau, all the way from Switzerland. He talked about

Caspar Szulc (00:02:12):

Dr. Thomas Rau is the medical director of Biomed Center Sonnenberg, and he's also the author of the Swiss Secret to Optimal Health. He's been doing this also for quite a long time, and today he travels around with his team and I, I know that Elizabeth, Felix, Mikayla, his business partner all here, thank you for making the long trip out to New York from Switzerland. You know, Dr. Rau has seen thousands of patients from around the world and help cure the incurable. And we're going to hear from some of those patients tonight, one of them being our third panelists with, which is Anthony. Anthony Prentis is the owner of this beautiful establishment. Yes.

Caspar Szulc (00:03:02):

And Anthony went to Switzerland with a life-threatening condition that he's gonna speak about. And it was actually exacerbated by dental issues and toxicity, something that many people may not know about, but is a root cause of lots of disease today. So it's gonna be an interesting case to explore and share his experience through that. Our fourth panelist is Sara Bengur. Sara is a very talented designer, and like me, she has a love for travel and martial arts. Sara came to Dr. Szulc a long time ago at NYCIM with a cancer diagnosis, and she was able to overcome that and has really been a beacon for, for, you know, preventing and also preserving her health as she moves forward, traveling off into India, employing spiritual practices, which are very dear to her. So I'm very excited to hear and share that story as well. Thank you for being here, Sara. We're, we're gonna bring on a fifth panelist also who don't see up here. We're gonna play a little bit of musical chairs in something Dr. Rau wanted to present in Karen Cummings. Karen, can you just raise your hand?

Caspar Szulc (00:04:16):

Oh, there, hi, Karen <laugh>. So we're gonna ask you to come up in just a short while and share your story, but Karen's story is, as far as I know, and I was told, is, is one that actually impacts many people these days. And unfortunately we're kind of normalizing it, which is that of brain fog fatigue. Karen had it in a very, very debilitating manner, but at the same time, I believe it's gonna be a wonderful case to get into and show what are the causes of this and what are the potential treatments through a biological approach. So that's gonna round off our panel tonight. And, you know, as I started to think about how to present this and how to get started with it, before I pass the questions over to you guys I looked back into my notes of another presentation I gave four years ago.

Caspar Szulc ([00:05:04](#)):

And the themes I saw there, while giving that presentation was one of complex issues, the complexity of disease, getting more and more difficult to treat. Another one was the polarization of certain medical topics. And the third one was the great importance to change medicine to address all of this. And it was funny 'cause four years later, those three topics are at the forefront of medicine of health. We need to start to address them. And I think discussion really starts by looking outside the conventional realm and seeing what these people on this panel have been doing for a very long time. And getting that discussion started. You know, one of the most complex issues we hear about today and we're really facing an issue with is cancer. I just saw this stat and it actually blew my mind, was the UN is forecasting a 77% increase in cancer rates by 2050. On top of that, you have publications, scientific publications like Nature publishing articles. Just a month ago or so, I think, why are so many young people getting cancer? It was a good question. I don't think they did a good job answering it though. So I want to start there with that question, especially since biological medicine at its core is trying to figure out the why, trying to figure out the root causes. So with my first question to this panel, and I'm gonna turn to you, Dr. Szulc, I won't

Caspar Szulc ([00:06:38](#)):

Call you dad, I won't

Caspar Szulc ([00:06:39](#)):

Weird out the crowd with that,

Caspar Szulc ([00:06:40](#)):

But

Caspar Szulc ([00:06:41](#)):

Dr. Szulc, why do you feel we are experiencing an explosion in cancer rates

Dr. Thomas Szulc ([00:06:51](#)):

On the mic for me? You good? Hello? Good evening. Well, cancer is a condition, which is global condition due to our exposure to everything. What is not good to us. And the cancer is always related to going from the aspects of understanding who we are. That means consciousness is destruction of our consciousness and destruction of our information in our body. Of course, there is, on the physical level, each patient has a very high level of the toxins. There are toxins which are so-called carcinogenic toxins. There is destruction of the <inaudible> that needs the terrain because of high toxicity infection or all the different dysfunction, the circulation and the elimination of the waste material to the lymphatic system. There is also problem related to our issue with right now new toxins. We have a wonderful new toxins, electromagnetic toxins. We have also, of course, unrecognized toxins or situation, which bothers us in some areas which we call geopathic stress. We are also having a lot of additional toxins from radiation.

Dr. Thomas Szulc ([00:08:49](#)):

So those toxins with spraying all the time with chemtrails, those toxins we are giving to our food. Those toxins are everywhere, and the body has to respond to those toxins. All of this work affecting not only central nervous system, but autonomic nervous system with disruption of the function and regulation of autonomic nervous system, as well as very important part which we don't paying attention to. The, to this part is flow of energy to our body. And this flow of energy of our body. Carries also something what is forget, forget also, which is information. So each cell, in order to perform each organ in order to perform, requires information. We call this through the work of Dr. Pope Biophotons. So without this proper information, everything is collapsing. So body is in the state of chaos and the state of poor information. That's why the metabolism of the barrier, the metabolism of the cells are going to be affected. And we are going to have, of course, this function of the cells, which changing our energy production to normal oxygen, oxygen oxygenating cells to our pathological cells, which are based everything on fermentation.

Dr. Thomas Szulc ([00:10:42](#)):

Of course we can use many other things, which would in give us a little bit better information about this. Like stresses related to our daily life, our lifestyle, as well as a constant constant media bombarding cast of different information which has negative to our body, which decrease our conscious level to basically the lousy emotions of our fear. And anger ation.

Caspar Szulc ([00:11:20](#)):

You know, that's the beautiful thing I think about biological medicine is it looks at so many various root causes and it's able to kind of see it not through this prism of having the blinders on and saying carcinogens, that's it. But being able to look at it through this prism of energy of things we don't see. EMF Dr. Rau would love to get your take on. Why do you feel, and you are witnessing it

Caspar Szulc ([00:11:43](#)):

I've been

Caspar Szulc ([00:11:43](#)):

At a presentation of yours where you've seen, you know, there's, there's a lot more people exhibiting cancer and you even go into turbo cancer. But what, what are the, the causes you are seeing?

Dr. Thomas Rau ([00:11:52](#)):

Well, we first of all, thank you for coming to all of you. This is really big for me, and I see so many faces here, old friends, good doctors. I am blown away by the presence of this person here. Thank you very much for coming. Okay, get back to the question. Cancer was all always difficult and it is not known what is the cause. That's one of these unknown causes diseases unknown in cause. So, but this is only idiopathic as the doctors say, because it has not one cause. As you said, it has many, causes. I do cancer treatments since more than 30 years. We have 10 thousands of patients over the years. And when I look, what are the causes, plural? Many causes, it is like a mosaic. And if you have prostate cancer, do have cancer, if you would.

Dr. Thomas Rau ([00:13:09](#)):

The causes are different. Nobody has the same causes as not the same combination. It's really like a mosaic. And at the end, you get the pictures with all the little pieces. The cancer, the more pieces, the more little stones we can find and take out, the more it disappears. And cancer is a dynamic process. As it began, as it developed, we can bring it to redevelopment. It's not this mechanistic kind of disease. How we understand who, I have cancer now, I die. This is not true. We have the possibilities to find, and it's a

very, you, you have to do it very, very deep going to look for cancer. And when I look back to my 30 years of what cancer policies, what are the most frequent, it is simple in a way. It is toxins. It is the intestinal disbalance because in the intestines we have our immune system and it's, it's the lack of renewing good cells.

Dr. Thomas Rau ([00:14:36](#)):

And these three causes we have to find. And we find it more or less in every patients. Then of course there are others, as you said, chemtrails. We have now a horrible increase in cancer. And not only in number, but also in acuity. Cancer develops now different than what it did several years ago. It really changed. And we have a explosion of, of increase, for example. Now I have, as I said, I do this since very long time before perhaps I had every two, three months I had a, a call for a pancreas cancer through patient. Now every week I have malignant lymphoma nearly every week. So it really changed extremely. Well. You could think about what it really changed in the last five years, and most of you that perhaps already have a reason. I know it's a very stigmatized topic, but it is as it is. And we have some influences now from outside, which changed our genetic good in a way and created more cancer. Now I can say the vaccine, who covid is who, who, who. But if we do not change, if we do not co treat these reasons, we will not have success.

Dr. Thomas Rau ([00:16:25](#)):

Let's say a example. A lady has a breast cancer. Oh, it's very early recover. It's very, very early found. Congratulations. Thanks. You went to routine tests. We operate the chemotherapy. We do radiation. After three months, Mrs. So and so congratulations. You are healed. The cancer is away, come back in six months to control. Is it healed or is it not healed? Why does she have to come back in six months because it's not healed? And why it's not healed, because the reason is not removed. If you do not from day one, search the reasons and remove these causes, it'll come back. And the same, I don't want to have a cancer speech. Now, now this would be my topic, but I don't want this. We brought other patients, my dear of friend Mr. Rod, my dear friend Karen Cummings. I did not want to bring cancer patients because there are other patients in whom it's exactly the same.

Dr. Thomas Rau ([00:17:50](#)):

They come with absolutely unhealable diseases. They have been everywhere. The best clinics, well in Europe, they go to Dubai, they go to Bangkok, they go to wherever. They go to Zurich or London or here to Mayo Clinic. And then they come to us or to you, well, please, why do you come to me? You have been there, there, there, there, there. And the best hospitals worldwide. So why do you come to Switzerland, Dr. Rau, in the mountains, because nobody was looking for the cause. And this is the very bad, bad sleep nowadays. And this is our big, big function, which we have to find causes. And it is always toxins. It is always the intestines, and it's always the possibility to rebuild good cells because it's always a fight. Cancer is a fight between the bad cells and the good cells. And if you do only suppress the good ones, well the bads, they get even worse. It's a little bit like a military. So we have to support the good ones. That's what we do.

Caspar Szulc ([00:19:14](#)):

And unfortunately, it is a taboo subject of some matter. And it's what that, that we shouldn't have censoring upon. You know, there's a few c words out there that we like to censor these days. Cancer is one of them, but they're, you know, as much as you can try and censor doctors in the medical establishment, you can't censor experiences. And that's why I want to start to present those experiences. Starting with you, Sara, you, you are an embodiment of someone that, you know, went through this struggle, found a European biological approach, or I should say an integrative approach, is not just European biological, as we've heard, traditional medicines, all of these things. It's a holistic viewpoint.

Can you share your experience from going through a, a diagnosis that is, is, you know, life changing to the point of finding a path and actually regaining your health.

Sara Bengur ([00:20:11](#)):

It's actually pretty extraordinary to be here tonight because I got diagnosed right after 9-11, so we're kind of facing this now with the view. And someone had recommended that I go to see Dr. Rau, but I didn't have the courage at the time. So I went through all the treatments. I was diagnosed in 2002 with breast cancer, and I went through the treatments and which were quite devastating. And then I was recommended to Dr. Szulc. And I remember having a couple of dreams about, somehow I had a inkling that Dr. Szulc was going to find a lot wrong with me, me <laugh>, you know. So I actually canceled my first two appointments with him. By the third appointment I went and I was supposed to go to India a week later. And I remember, remember this doctor told, he said, I don't think you should go.

Sara Bengur ([00:21:01](#)):

You're really not. Your immune system isn't strong enough to handle it. So I spent Christmas with Dr. Szulc <laugh> at the clinic, getting my IVs. And it's been, I've been going regularly now since 2006, I think 2007. And really it's been an extraordinary journey with Dr. Szulc because as Dr. Rau was saying, it, it is based, you know, he was healing completely holistically, you know, physically, emotionally, spiritually, and approaching it on so many different levels with me and helping me to release the toxins. And I remember always, Dr. Szulc, you're telling me that you're like a coach. You're, you're like a healing coach. And it was as much my responsibility to maintain all the help that you gave me and how you also spoke a lot about how my emotions were sort of the most toxic, could also be equally toxic, as well as what I was, I was so obsessed with what I was eating and what I was doing, and I was sort of running scared in terms of all these treatments, but really I wasn't paying enough attention to my emotions and the way I was living my life. So I feel like I've been tremendously educated as well as healed. And I feel I have such a home with Dr. Szulc and staff, just it's been, I feel very lucky, very lucky to be part of it.

Caspar Szulc ([00:22:28](#)):

And that's the power in a story like that. Some people here may not even know this is an option. You know, we, we don't talk about in the United States, we usually say your only options are chemotherapy, radiation or surgery. Immunotherapy could throw there too, but that's it. Anything outside of that is, is something you can't really look at. You have to take almost a leap of faith as you did Sara, to get there.

Sara Bengur ([00:22:50](#)):

In fact, I was just remembering too, like we went through a whole procedure with some, the missile toe, I think injections. And there was a lot that we went through together with Dr. Szulc. And my markers went sky high right afterwards. And I went to see my oncologist and he was furious. He said, oh my God, he said, it's been doing so well, what happened? And Dr. Szulc said, don't worry, you know, you'll, it's just, it's just part of the treatment. It gets worse before it gets better. And sure enough, the markers came down below <laugh>, what they were before. So it's really also believing in the treatments, believing in trusting it too. I think that was a big part of it. Also, you really have to which Dr. Szulc also taught me everything.

Dr. Thomas Szulc ([00:23:36](#)):

But we have to add that after the initial treatment, treatment you basically are free of, of cancer. Everything come to normal. So whatever treatment you have after this is basically maintaining your body really in a great shape. And that's time to time you come to us, we evaluate you and whatever is, because I'm from prevention, the prevention is the most important to prevent anything that might happen. You are in this beautiful

Dr. Thomas Szulc ([00:24:10](#)):

City

Dr. Thomas Szulc ([00:24:11](#)):

Over there living and working. So you are exposed to lot of toxins. And what I notice being in this city too for many years that one of the most right now damaging to toxins are electromagnetic toxins, which disturbing completely proper function of energy. We have to understand that energy creates this manifestation, what we call body and energy support this manifestation of creation. So without energy, we would perish in one, perish on one second, and we wouldn't be alive. So the energy is playing such a tremendous role in reestablishment energy in, in the treatment that without this, it's extremely difficult to completely improve the patient condition. So for over 25 years, or I'm sorry, 30 years almost I've been working with SPJ International Institute in Paris on this energy organization in the body because this energy organized our function of central nervous system, peripheral nervous system, and the rest of the body. So this extremely powerful treatment and the change my practice from good to the very good.

Caspar Szulc ([00:25:59](#)):

I think it was Tesla that said, if you want to understand the, the universe's secrets to look at wavelengths and frequencies, and it really is in, in the unseen that healing happens. And a lot of what we don't see are the toxins that absolutely impact us at every second, the EMFs that rip through us right now. All these different things around us. And that was a, a big case for our panelist here, Anthony, that, that he suffered from. Could you give a little bit about how you ended up meeting Dr. Rau and kind of your healing story with him

Anthony Preidentis ([00:26:42](#)):

Back

Anthony Preidentis ([00:26:42](#)):

In 2000 I was diagnosed with, it's a gag <inaudible> set up for you. Back in 2000. I was diagnosed with ITP, an abbreviation for some long work. And I was at New York Presbyterian Hospital treating all kinds of steroids intravenous ivg. I was in my fifties. I never took an aspirin until then. And you know, I, I could not handle all this, all the this, this new drugs that I never experienced, but I figured I was in good hands, you know, New York House, you know, New York House, the best doctors in the world suppose. And anyway, after three years, they of really torture. They they wanted me to go on to study, which it sounds, sounds it sounds good, but it's just you know, a word for which I was. And they almost killed me. I wound up in the hospital and after a day or so I woke up and I'm looking at the ceiling and said, he's got some better work. So I my wife and I would, you know, trying to find different alternatives.

Anthony Preidentis ([00:28:33](#)):

Somebody recommended dr in Switzerland. So I said, well, why not try it? You know? So we met Dr. Rau in August of 2005, and you have to extract all your I had seven root canals that were infected and had an infection throughout my body, and of course, get rid of all your fillings. And I said, you know what to do. So I'm there for three weeks. At that time, the first trip was three weeks. So my wife left, left there for the first week, and then I was there for two weeks. I got all the, all the fillings taken out, but I could not extract all my, my teeth. Actually, three or four of the root canals were in the front, so I was hoping you didn't notice it. And so I went home and that, and I had to go back in three months. So in three months I went back. So he says Anthony, get it. You check your canal. I said, he said, my front teeth, you know, he, my front teeth, I don't, I don't know Dr. Yeah, I heard a lot of good things about him at that time was

almost 20 years ago. So I called my wife, I said, you insist have to take my, so she says, better off sitting in hospital, I gotta go.

Anthony Prezentis ([00:30:33](#)):

So anyway, it was the, so anyway, excuse me. So anyway, it was on overnight fix, but you know, little by little, you know, I was at a danger zone with my, my, my blood plates and which, which, you know, live a normal life. And, you know, you know, several years I was got for normal and thank God, you know, I'm still back, you know, and you know, if I didn't find Dr. I, I don't know, maybe I would've been alive, but my quality of life definitely weren't, wouldn't have been where it has been in the last 20 years. I thank Dr. Extremely. And we became friends, you know, you know, over 20 years, we, we my wife and I, family, his wife, son, son, daughter-in-Law. Best in thank day. Thank that. Do you have any follow up

Caspar Szulc ([00:31:51](#)):

On that? I mean, so many issues start in the mouth as we, we know we have some biological dentist here that could talk about that and will tomorrow. But Dr. Rau, your input,

Dr. Thomas Rau ([00:32:02](#)):

Well, let's speak on that. We have my dear friend, doctor Alex <inaudible> here, and he'll talk tomorrow about this topic. But for the doctors and the nurses and the medical person in here I have to make some little details more because when my dear friend and patient Anthony came to us, he needed every week IGIF in our immune problem, FG. And he went to hospital every week, more or less, and he had platelets, transfusions every week, and he was around 3000 minimum platelets only for the doctor was in here. So it was really a life threatening thing. Then slowly, sorry, slowly, it's always the same. It's exactly the same on him. That's why I described this in my book. What are the reasons they just replace the platelets? It's very mechanistic. And we ask, what is the reason? So the liberal and the split destroys too much platelets.

Dr. Thomas Rau ([00:33:21](#)):

Why? Because of the toxins. Secondly, where is the up building forces of the human being? Now it comes a little bit philosophical. What is the up building forces? These are the strengths, the, the energy, energy in your intestines. And I approach this from a little bit different side. You are the mass for an energetic treatments. I am the mass for in rebuilding cellular function. And that's what we did. But it took a while. It took several years, but now Anthony is on a level which is livable. So he's on a level of between 80 and 200,000 platelets, more or less. But he had several situations when he went back, once he even got from an orthodox doctor, he got the anti-malaria needle anti-malaria medication, and <inaudible>, it went down because the liver didn't support this. And another time he was all so recompensated again and again.

Dr. Thomas Rau ([00:34:42](#)):

He had some emergency, well, emergency only for the doctor, emergency medication, and he got antibiotics, and again, it got done. So of course, if you take this kind of remedies, you wouldn't get the thrombopenia, but he does. And we have to consider this. So we have to find other ways to come over infectious diseases when he has, once he has this, and this is what we do, it's a permanent work now, but he also changed his lifestyle. He changed his basic medication to rebuild the bone marrow to 45, the bone marrow. This is what he does now since 18 years or 19 years, it's now 2005. He does this. But what would be the alternative? Every week to go to a platelet infusion every week, IGGF for \$10,000. So you see there are other ways, and this is one's a very dear patient. It's one patient, but who comes to us? Most of the patients, they have these kind of unclear unhealable diseases. Well, thank you very much for coming. Thank, I think one of

Caspar Szulc ([00:36:16](#)):

The things we could pull out of there also as Dr. Rau was speaking, is this idea that in this type of medicine, in this paradigm of medicine, the doctor is not the healer. You are always the healer. The doctor is just a, a coach, a catalyst, someone that helps you regain your healing abilities that we all have. But that means the responsibility is on you. If Anthony doesn't do the things, if Sara doesn't do the things she knows she needs to do to

Caspar Szulc ([00:36:42](#)):

Now

Caspar Szulc ([00:36:42](#)):

Keep her health restored and all optimized, then of course disease will come back. So the responsibility in the onus falls on the patient in this, and that is a difficult pill to swallow for some. At the same time, I've heard you mention infectious disease, and I believe although you may be masters of energy and cell regeneration separately, you're both masters of Lyme disease and Lyme disease. I understand through

Caspar Szulc ([00:37:09](#)):

The

Caspar Szulc ([00:37:09](#)):

Education from my father is a wonderful epitome for a complex disease that just has multifaceted, multi-systemic, so many things going wrong with it. Unfortunately it's impacting more and more people as well. And I know people here that are suffering from Lyme disease and you never know it, but it's something that more and more people will have to deal with. And our conventional route just isn't doing a great job with it. Antibiotics, more antibiotics. Let's see if it

Caspar Szulc ([00:37:40](#)):

Kills you first

Caspar Szulc ([00:37:41](#)):

Or Lyme disease. It's almost a chemotherapy sort of approach. I'd love to hear both of your thoughts on Lyme disease and, and the treatment through European biological medicine. I know there are a three stage approach. I know with Dr. Szulc, you have absolutely a pattern of approach that has been very successful when others have not. Can you start

Dr. Thomas Szulc ([00:38:03](#)):

Dr. Szulc? So Lyme disease is epidemic right now unfortunately, so when a patient's coming with this kind of condition and it is a multi infection due to a collapsed immune system. And we have to find, of course, the causes of why this immune system is collapsed. So we are doing

Dr. Thomas Szulc ([00:38:33](#)):

The special evaluation, which

Dr. Thomas Szulc ([00:38:34](#)):

We call BAH. We check over 50,000 information base on the energetic presentation. Everything, what exists has energy. So field of energy is very specific for everything. What exists including pathogens. So each of the pathogens has a different signature, which we call different footprints, like a radio station, different radio station, different type of music, different type of top. So in this way we can check all

function of every, all, all aspects of the function, the body, including also more advanced type of our being. That means our mind as well as our spirituality, so we can know everything about the patients. And we also check what is necessary treatment for the patients of <inaudible> program, of the treatment. In most of the cases, these patients of course require extensive detoxification with elimination of the other causes, which show on the test.

Dr. Thomas Szulc ([00:39:59](#)):

So each patient might have a completely different type of causes together with detoxification, of course infection, pathogens are there but we have to check how is the functional autonomic nervous system, how is the cell to cell communication? How are the functioning of the organs on energy level of, because we are going to check how is the flow of energy and how is also energetic terrain of the patients, not only pH, which is expression of this energetic, energetic terrain. And we sub the, we set up the treatment for the patients. So generally we've seen up to now over 3000 patients, we have about 96% success rate. We are capable to eliminate infection within three to four weeks. And the most difficult is regeneration which might last much, much longer up to about six months, sometimes in some cases one year. But generally in the, in our days, our ward suffers from poor immune system. Immune system is so overwhelmed that the most important is release this system from the

Dr. Thomas Szulc ([00:41:33](#)):

Stress of

Dr. Thomas Szulc ([00:41:35](#)):

Not only in infections,

Dr. Thomas Szulc ([00:41:37](#)):

But also toxins

Dr. Thomas Szulc ([00:41:39](#)):

And our negative consciousness, which is affecting all of us.

Dr. Thomas Rau ([00:41:46](#)):

Beautiful. Dr Rau it's really beautiful. It shows that even though we are very <inaudible>, we treat differently still because we go on different levels, energetic levels of the body. I do more mechanistically and he does more energetically. But I would like to, to go into the Lyme. Lyme is extremely interesting diagnosis. When I was a student, my teachers, they called me two, OSIS is the epidemic of the pandemic of the world, and we had a lot of tuberculosis. Now, we no more have tuberculosis, more or less in Europe or consider once we have malaria. Malaria is pandemic in Africa. But in Africa, in these areas where you have malaria, you have similar climate to Florida, why do you have, if it's a climatic disease, why don't you have in Florida also pandemic of malaria? Or the same are upper diseases.

Dr. Thomas Rau ([00:43:05](#)):

Former time there was cholera, cholera, everybody knows the, the, the ger is around. But why true populations get or not get, or why the old fashioned in the, in the late mid age, there was past this disease in the northern African states who just killed towns by this epidemic. So each season, no season each period, each century has its diseases. And why now we have the viruses and we have the, is one of the last of these bacteria, by the way. The, the paria <inaudible>, which is the lyme bacteria is more or less one to one, two C bacteria. It's more or less the same. So why did it express on this sexually kind of disease 200

or a hundred years ago? Why does it express hopefully different now? Now we come to the point because all these diseases are expression of the, of the average of the population.

Dr. Thomas Rau ([00:44:27](#)):

He, he treats very successfully Lyme disease, and we treat with changing the milieu. When I look at the P block ery, which is the bacteria of the Lyme, they only survive if you have a heavy metal load. And we treat and we remove the heavy metals. We, we look when the patient comes and we look how is the heavy metal load? And then we detoxify and the bor disappears by, I have never, never, never treated one patient with antibiotics. It's not needed because it is a milieu question of the in body milieu. And when you change this correctly to a more harmonic milieu, this bacteria disappears. And so we never think anti, we think pro I treat the patient. I do not kill the bacteria. And by treating the patient and to make a harmonic eu, then the bacteria, the wrong germs, they disappear by itself and it works. I just ask you send the fact the, the Lyme patients to Switzerland or send it to him and they will be healed. Life is really easy for us because it's much more easy than, for example, pen. So there is the change in the cellular harmony is much more deep going is disturb than in the lyme patient.

Dr. Thomas Szulc ([00:46:23](#)):

Thomas, we also treat of course, because, you know, fishing wonderful paradigm is a part I grew up on, okay, in eighties and the in nineties just, and we are doing all of the regulation of the milieu at the same time, but we noticed that we regulate also energetic stage of the person and improve that flow of energy. It's much faster.

Dr. Thomas Szulc ([00:46:59](#)):

That's

Dr. Thomas Szulc ([00:46:59](#)):

What, you know, we, in introducing this. But we of course using all different modalities, very advanced modalities using neurotherapy, using all of the infusions, using <inaudible> remedies, using of, of course pap elimination. So it's, it's a lymphatic treatment. So all of this is a part of the treatment. That's why patients, and we, at the same time, we're using CLA of photonic therapies, lot of therapies related to regulate the regeneration of the cells. So we are using about sometimes 10 to 15 therapies a day in order to achieve this. But it is very intense treatment because we like to see patients daily. But we are sometimes patients are coming from Europe or from different states. We can accomplish this within two to three weeks of elimination of the lyme restoration of the terrain. And sometimes of course, they are coming too late if patients are coming 20, 30 years later from the beginning of the, of, of the condition. So it takes a little bit of work in order to regenerate everything.

Caspar Szulc ([00:48:17](#)):

I think, you know, what we could take out of this is that when you have a comprehensive tool kit, suddenly problems that seem complex become much easier in between the both of you. That that toolkit is immense as opposed to, let's say pills, antibiotic surgery, and that's it. So I think that that's one of the things we have to take out of this is once you start to apply multiple tools across multiple spectrums of the medical wheel said, you start to get better results as a witness across the world, basically, Switzerland, New York. Before I bring Karen up, I'm gonna ask you to come up one second. I just wanted Anthony to maybe share his message before I ask you to swap microphones there and play musical chairs. Can you share a message? What, what would you tell a patient who's on the fence of going into a biological sort of treatment that maybe has been where you are in a hospital, getting the IVs saying, well, that stuff seems kind of out there.

Anthony Predentis (00:49:18):

Well, knowing Dr. Rau, I was in a heartbeat you know, recommend him. Why waste your time, you know, with Western medicine? Yeah, before you

Caspar Szulc (00:49:29):

Did, did you have to

Anthony Predentis (00:49:40):

Thousand of drugs, you just did it. Yeah, but

Caspar Szulc (00:49:47):

Anthony, really quick, I, I think it's a good point that there's so many out there that don't know about this would hear about and say, well, my doctor told me, right? What, what was the leap approach for you

Anthony Predentis (00:49:56):

Think that what's the medicine is the best thing they do? Yeah. You know, and I could prove that isn't you are approved. Yeah.

Caspar Szulc (00:50:06):

So you just point to yourself and say, look at me. I'm

Anthony Predentis (00:50:08):

Lucky to be alive. So yeah, I was, I do, you know,

Caspar Szulc (00:50:21):

You, you are the proof. And I always say, you know, experience based medicine is very important. What you experience, the evidence may show something else that all the drugs they're putting you on would be best for you. But what you experienced was a different Well,

Anthony Predentis (00:50:35):

I,

Anthony Predentis (00:50:35):

I do good things in my case, I could guess just a,

Caspar Szulc (00:50:45):

It is,

Caspar Szulc (00:50:46):

It's gonna start. Well, Anthony, thank you so much for sharing. If we could swap

Mr. Cummings (00:50:49):

She knew that she couldn't get through talking about this, so I hope you don't mind that. And we took notes, so I made sure that I was able to capture all of her thoughts. Karen preparing for this was a moment for us to think about, think about what we went through her first and foremost. But as you can, Ima as you

all know for a family, and we had six children it was a very difficult time in life when the kids were young. And between jobs and what she was going through was a really a challenging moment. But meeting Dr. Rau, after several years in the US trying to find answers really got us on the path to know that we could get through this. And different from the things that we've been talking about now, is she didn't have a disease with a name.

Mr. Cummings ([00:51:42](#)):

Karen was very, very sick. Nobody could ever diagnose it as this is what you have. And we're, that I think is relevant. I think a lot of people go through this and it's the same process. So, and just by the fact that you are all here I'm sure you or your loved ones also are, have your own unique stories, as we've heard already. And Karen had her own, she had a never give up attitude. She was a competitive swimmer from the age of five and had the grit and determination from that. And she was extremely healthy all of her life, very in tune with her body. And that's why in 2005, she had had oral surgery in 2003. In 2005, she knew that she had an infected root canal that was extracted, and a bone graft was completed, and something was just terribly wrong with her.

Mr. Cummings ([00:52:39](#)):

Her mother's 103 still alive today. Her grandmother died at the age of a hundred, and like both of them, she had perfect blood pressure, never above 120 over 70. So envious of that. But her blood pressure is shot up to 220 over 175 on a persistent basis, unexplainably. Secondly she struggled to keep her weight at a healthy level. That's a nice way to say, having six children, she was always losing weight. But in less than two months, in the midst of this, she lost 30 pounds without trying to lose weight. She then developed sores that were on her scalp and on her back, and she could not get out of bed. Was was really a, just a terrible period of time. So that's when her journey began to find the, began to go and find answers. We lived in Charlotte, North Carolina at the time, very close, tight community where she had had her surgery in the medical profession, the dental profession, they circled the wagons around each other. Nobody would see her 'cause they knew of her story.

Mr. Cummings ([00:53:52](#)):

She started looking for doctors and dentists across the country for help. Most of 'em didn't have the answers. They told her over and over again. It's just in your mind, one of the most extreme examples was a trip to the Mayo Clinic, which was the place. Everyone said, that's where you gotta go, including myself. They were the ones who could solve complex problems. But after doing their tests in a group all around her, also not having the answers, kind of embarrassed by it, they said that they thought she would benefit from a visit to their psychiatrist to make sense of the nightmare she was going through. Karen looked forward to that 'cause she was in a nightmare the minute she walked in the door. She knew it was not what she was expecting as this psychiatrist goaded her and tried to get her to lose control. And after five minutes of raising his voice and challenging her, Karen quietly walked out of his office. Not surprisingly, her diagnosis was that she was psychotic and recommended her psychiatric drugs.

Mr. Cummings ([00:54:53](#)):

She ultimately connected the onset of her health issues to oral surgery that she had had in 2003. And she really dug in to do her research. And that's what Karen is. She's a self-advocate. Nobody was gonna tell her that You aren't. What are you doing? Why are you not doing this? Back then there wasn't much information available to connecting oral health to systemic health. In fact, she will tell you that she learned most of what she learned by looking at veterinarian websites versus medical websites. And fortunately through a handful of caring and enlightened doctors, she heard about Dr. Rau. Those doctors are ones that were cited in her book. Some of the names that were very unique talents that Karen went to see in Kentucky, in Louisiana. At that point, she knew that she needed to see him as her health continued

deteriorate. So she went on a trip to England with her mother and our daughter, with her soccer team. And when they arrived at the airport to return home, Karen felt absolutely terrible. She turned to her mother and said, if I go back now, I'm not sure I'm gonna make it. So please take Adelaide home. I'm going to find Dr. Rau without an appointment. Karen got on a train to Switzerland and literally knocked on the clinic door not knowing that people waited for months to see Dr. Rau.

Mr. Cummings ([00:56:17](#)):

And it was clear that they did not know what to do with her. So she just waited until they could get her in to see a young doctor, a young woman. And this doctor was then, as part of the check-in doing a dark field microscopy study on Karen. When the miracle happened, Dr. Rau walked by, glanced at the screen, and despite there being a dozen patients in his waiting room, and immediately took Karen into his office, put her in the famous exam chair, and then started doing a series of objections into her, into her jaw. She still has nightmares about that chair, Dr. Rau <laugh> Dr. Rau had identified in a dark field exam that she had a fungus in her blood that was at end stage of its lifecycle and extremely dangerous. And immediately Ben began to treat her for it. After six weeks of immune therapies, she was given the okay to go home.

Mr. Cummings ([00:57:10](#)):

As she was pulling out of the parking lot, one of the dentists came out of the clinic and told her exactly what another Mex, Mexico facial doctor in Charlotte had said to her about her oral surgery and the bone graft, which is really what she connected it to. In particular, the bone graft. And the words that were spoken were, do not talk about the tissue industry to anyone. This is kind of a sidebar, I'm sorry, but it's very important to our, our lives. For people who know Karen, you don't tell Karen those things. Don't tell Karen things like that. Because she came home and began her crusade to dig into the corrupt tissue industry. With the help of the District Attorney's office here in Brooklyn, who had brought down an oral surgeon in Manhattan, sent him to jail Karen, was able to identify a partner of that surgeon doing the same thing in North Carolina, paying the owners of funeral homes and crematoriums to take the bone and tissue from diseased and decomposed bodies without next of kin knowledge, falsifying the medical documentation and selling it into the tissue eco ecosystem, which is regulated but never inspected.

Mr. Cummings ([00:58:19](#)):

So Karen started walking into funeral homes in crematoriums, unannounced, challenging the owners. And then we went to the attorney general's office who denied any knowledge of the situation. But after presenting her information in the details of, of the Brooklyn DA's case, we went after that person who ended up spending seven years in jail thanks to Karen.

Mr. Cummings ([00:58:47](#)):

Unfortunately, that hasn't changed a thing in that industry, and that's something that we're very, very conscious of within our family. Whether it was disease tissue that put her in, was put in her mouth, or the failed surgery from a periodontist who was recommended to us, who we subsequently learned, had had his license revoked four times for drug use. We will never know we strongly success. It was the former. But what we do know is that the reason she's here today is because of Dr. Rao's, an amazing friend. And all of our children have been to, to Switzerland to get all of the bad things outta their mouths. He said it was vacation to Switzerland and they spent the week at the dentist <laugh>. But he connected the dots for all of us, our friends, other members of our family, and from him we learned the inadequacies of the US medical system that doesn't consider the basic principles and the harm of the pharmaceutical driven system versus the common sense approaches to treat by the body holistically and as a connected system. And Thomas, thank you so much.

Caspar Szulc ([01:00:03](#)):

Thank you for sharing that. You can be incredibly emotional, completely understand, and these types of stories really, you know, pull up the, the heartstrings there. Dr. Rau, do you have any additional points to that case of maybe even what, what you saw as you were walking by that you knew you had to stop and, and interject? In this case,

Dr. Thomas Rau ([01:00:22](#)):

When Karen came to our clinic, this was 2005 or so, my secretary called me. Oh, there is, there is some very strange lady here. And she,

Mr. Cummings ([01:00:37](#)):

Her name is Karen. Yeah,

Dr. Thomas Rau ([01:00:39](#)):

She says, Karen, I have no idea. And she was with her backpack. She here and she comes from nowhere. She just appeared. And well, so this is really, I remember so well, but she, sorry Karen, to say that she was a wreck. She was really very in a super bad condition and was happy that that honestly, that she survived at this time. But I did not know what she has. But she told me she has been everywhere. She has been to whatever clinic, and what should I do here? So it is always the same in the beginning. I have to build up the patient and I have to detoxify. I realized that there is a toxic quote, but I have no idea about this criminal toxicity, which was behind. I realize this is so strange, but she had a toxic load and this block, the whole organism.

Dr. Thomas Rau ([01:01:51](#)):

And well, at this time she was quite young, absolutely in inadequate for, for in this situation. So, but we have so many patients now who come, unclear disease, but still in a very bad situation. And it occurs nearly every week once to me that the severely sick patient is getting the diagnosis. You are psychiatric, go to the psychiatrist and they even get suppressing even more suppressing psych psychiatric medication, which is counterproductive. So honestly, I'm a doctor and you are a doctor, and I realize that, and doctors do not know what something is. They can't say, I do not know. They say something or they say it's psychosomatic. But in fact they say, Emily, I do not know what you have. And this is a step which for the patient is exactly the wrong thing because it demotivates weights even more. And at the end, the patient believes him or herself.

Dr. Thomas Rau ([01:03:18](#)):

So it's really a very sad situation. And I see this every time, all the time I see this. And for me, a patient is not psych iatric. A patient is metabolic, and metabolic can be toxically, metabolic. When you are toxic, you, your brain gets changed and you appear like psychological or psychiatric. But it is not. And nearly all I could, perhaps tomorrow I will show a case of a little child, nearly always, when you have this unclear situations, this neurological, the psychiatric unclear situation, the patient is very disturbed, metabolically or metabolically toxic toxins are more or less the most important thing now to decompensate and to block the patients. This changed in the last 30 years. Our inner mean view is so different than what it was 30 years. And the diseases became extremely different.

Caspar Szulc ([01:04:42](#)):

One, one of the key points you could bring up here again, is this idea that in biological medicine is a different paradigm altogether where the diagnosis does not matter as much. And in conventional medicine, you absolutely need a diagnosis to treat somebody. So when you don't have one and doctors, of course, you know, they have their egos and they can't say, I don't know, they will turn to the psychiatric

kind of thing that it's in your head, because I don't know, it can be. Whereas in biological medicine, the diagnosis does not matter. It's why you have the disease. And Dr. Szulc, maybe you could, could speak a little bit on this, because I know for you the diagnosis is not the holy grail and it's more about what's going on with you. But how, how do you deal with patients when they come in? Do you look at that diagnosis and then we quickly go to Dr. Rau as well on this, but

Dr. Thomas Szulc ([01:05:33](#)):

We, we never diagnose the patient. We just check what are the causes of the problem. We eliminate those causes and the patient should return to health. So diagnosis is generally mostly in convention. I've been in conventional medicine too. I've been in biological medicine and different paradigms. I finished my courses in traditional Chinese medicine. I finished my courses, I <inaudible> medicine. I did a lot of treatment of on energy level, like polarity, like bio magnetics. And I attended probably about 150 courses in the eighties, nineties and two, 200. But generally we never pay attention. I never pay attention to diagnosis because it means not much. If somebody's coming with ms, multiple sclerosis, it might be so many different osi it might be heavy metals, might be of course general toxicity, but heavy metals, rain is off.

Dr. Thomas Szulc ([01:06:44](#)):

And you have sometimes I had one boy who had only he since since 16 age of 16, up to 30 years old, he was in the wheelchair. And the only issue was, besides of course, terrain change and this toxic load virus in the brain after elimination of this, he returned to normal. Life was shocking to me. And you know, I didn't put a diagnosis, Ms, I put a diagnosis as a causes of the problem, which causing this function in the bar, causing this disorder, which we call autoimmune. Of course, I, we know being medical doctor is studying and learning all of the conventional approach. But conventional approach is a part of the system. And the system after this is the system of course paying for the, the services. So the system forces also the doctors to put the diagnosis.

Dr. Thomas Szulc ([01:07:49](#)):

'Cause Otherwise they are not going to be in the system and they don't have a courage or, or possibility or this intention to change and started to change, change their education and start new type of practice because it's completely different. So it's like going back to medical school and learning different approach to treating the patients. So it's definitely a lot of work. Lots of poor, poor, non non, non sleeping night. So, you know, in order to achieve something. So it's always some sacrifice, but that's the best sacrifice I always take Tokyo. So that's, that's very rewarding. I wanna start to open this up and that's our sign there

Caspar Szulc ([01:08:57](#)):

To change something. Let's open this up to the audience here. 'cause I want to get your questions. This was supposed to be interactive. I feel like we've been, you know, talking about these cases, presenting 'em, but of course this is an interactive

Caspar Szulc ([01:09:10](#)):

Dialogue.

Caspar Szulc ([01:09:10](#)):

It's, it's between us all. And that's, that's something I want to start to answer your question. So if you could just raise your hands and let's see if we could do this without a microphone. Who wants to start? It's gonna be, oh yes please.

Audience member #1 ([01:09:29](#)):

Without a microphone. You

Caspar Szulc ([01:09:30](#)):

Try without, I could repeat it. Okay. We couldn't run around,

Audience member #1 ([01:09:33](#)):

But rather not trip. Dr.

Audience member #1 ([01:09:36](#)):

Rau thank you for traveling and being here. And also Dr. Szulc. I really appreciate this opportunity.

Audience member #1 ([01:09:46](#)):

We

Audience member #1 ([01:09:47](#)):

Visited your clinic and when we were there, you commented once that autonomic regulation, you would notice with cancer patients in particular that the autonomics, both the parasympathetic and sympathetic system, you would see them both suppressed. Could you speak a little bit about autonomic regulation and your ways of really it helping improve the conditions for your patient's autonomic regulation or anything else that

Dr. Thomas Rau ([01:10:21](#)):

Well this will be a two

Dr. Thomas Rau ([01:10:23](#)):

Hour speech.

Dr. Thomas Rau ([01:10:28](#)):

One of the most important questions, well, we know each other very well. We are innocent. So the autonomic nerve system is something which orthodox medicine does not even think about. But why don't you fall from the chair? Why does your heart, when you walk up the the chair way, why does it pulse quicker? Why do you breathe? Why do you sleep at night? Why do you, do you sweat when it's too hot? Or why do you shake when it's too cold? This is all autonomically steel and everything in your body, which you do not steal by your mind is autonomically steel. And this is, I would say 95% of what happens in your body is autonomically steel. So you get the strp streptococcal and you get the tonsillitis. Why don't you die without antibiotics Because your immune system autonomically nor, oops, there is something wrong.

Dr. Thomas Rau ([01:11:44](#)):

I have to do something. Immune system is autonomically still. Now, most of our diseases, they are a disturbance in or a cold disturbance in the autonomic system. And why is it disturbed? I'm sorry to say the same ile, it's toxic or it's energetically disturbed, or it is from the intestines because the autonomic nerve system is not in the brain, it is in the intestines and it is still by the bacteria and bacteria. These bad guys, these dangerous guys in your gut. No, they are not dangerous. We need them because we are in a interference with our good bacteria and these good bacteria if they permanently stimulate our immune system. But now you go to the, to the pediatrician and the pediatrician said, oh, there is a oc we have to

live. Antibiotics empty against bios. The life they have to give antibiotics and four times in practice is a Swiss average, official Swiss average, four times a school child per year has antibiotics. Four times an against bio, the life. So you see that the severe disturbance, which we do in the autonomic nerve system, and everything begins to disregulate into this dysfunction. So in most of the patients, we have to rebuild the autonomic nerve system too, which is detoxification, upbuilding of the intestinal system, and these intestinal bacterias that they work against, the viruses and so on. So all we have this fantastic dentist here, we'll talk tomorrow together. Might be a friend John <inaudible>, and he'll help. What part is from the piece, the autonomic?

Dr. Thomas Rau ([01:14:11](#)):

No,

Dr. Thomas Rau ([01:14:12](#)):

Very, very important.

Caspar Szulc ([01:14:16](#)):

Does anyone else care to input on a s regulation? Do schu panelists on that anxiety part of it? I mean, Sara, you know, from yourself and experience was, was that something that, that absolutely you had to address, especially after a diagnosis, suffering from that, the, you know, fight or flight that's a NS you are usually all the way sympathetic. And I'd love to get Dr. Szulc after you answer.

Sara Bengur ([01:14:42](#)):

That was a very good part of it, right? I mean, I, I remember many of the sessions with Dr. Szulc who would talk about the emotional impact. My fears not trusting life, not feeling safe, not trusting my body. It, it's been a long journey, kind of going through a place where I'm finally starting to trust myself. And Dr. Szulc has shown me how to do that, you know, by the detoxifying, by maintaining my health, by trying to do good things and work on my emotions. And it's, it's huge. I think it's a, I don't know Dr. Szulc feels exactly right now, but it feels to me like that was a big part of my illness. The fight or flight. 'cause I was putting so much stress on my system.

Dr. Thomas Szulc ([01:15:26](#)):

Yes, autonomic nervous system is always included in the process. This is a system which regulates every cell in your body, regulates also media circulation lymphatic drainage hormonal ulcer system, as well as the healing without autonomic nervous system, there is no healing. So the healing is necessary. It has to be open regulation before we achieve any healing. If autonomic nervous system doesn't have open regulation, that the healing will be very, very poor or non-existent. And this is of course, connected through the from the brain. So all information is going to the brain and the brain analyzes this or just stimulates in specific way. This autonom nervous system. And there is two of them, sympathetic para sympathetic. It regulates even the, the function metabolism of the body. 'cause One regulates oxygen and another regulates water. And so is two, like two cycles. One is a cycle like activity, which is a sympathetic during the day is mostly more sympathetic. And the renovation. And the regeneration is after day. That means night, which is parasympathetic. So in every action in our body, there was two system working, working very well together in order to have a balance. When we have a balance, we can heal, we can maintain our health.

Caspar Szulc ([01:17:08](#)):

Wonderful.

Caspar Szulc ([01:17:08](#)):

Great question. Do we have any more questions? Come on guys. This is your chance in the back. Hold on.

Audience member #2 ([01:17:21](#)):

Thank you very much. No, I really appreciate. First off, I just want to really say thank you for everyone here and putting this stuff together is very huge. I know most of us don't like to talk about our medical problems to, to, you know, people that we don't know, but the type of event that this is, that, you know, we're open to it and we wanna discuss things and, and discuss problems. And my wife here we're with Emma. Dr. Szulc treated her in 2020 2nd of November, and she went through the whole detox process and everything for multiple sclerosis. She initially had Ms her diagnosed her with many doctors and, you know, establishments. We saw about five specialists for this high level here in Manhattan and University of Pennsylvania where from Philadelphia. But we saw Dr. Szulc and they diagnosed it as Lyme. She went through the process of eliminating that with the detox and everything that she had to go through.

Audience member #2 ([01:18:15](#)):

So my question is, she still has some issues with fatigue and numbness and re rebuilding of the nerve systems that have been damaged due to the immune system attack. What would be your recommendations on that? Just stick it out, be patient. Do that. Does that ever come back in your opinion with your experience dealing with people that, that you've dealt with with Ms, you, you diagnosed it as Lyme and that makes this feel really good because it's something that at least has some kind of answer towards and it could be eliminated. What's your perception of that, sir?

Dr. Thomas Szulc ([01:18:53](#)):

When we are talking about diagnosis, like ms, as I mentioned this 16-year-old boy who had it for 15 years ms, they are all different causes. So the causes in your life condition was, was infection, was heavy, heavy metals, high level, heavy metals. Autonomic nervous system was completely blocked with some emotional issues, which should be corrected because it's changing our ability to heal when we are in some of the condition which is not pro-life. Remember that I know if you are familiar with David k swab in unconsciousness, but every, there is a scale of one to thousand. One to about 200 is is related to emotions which are not support the life, which is destroying the life. And we have to move a little bit higher because if we staying on this emotional part, we are going to have a difficulty in healing.

Dr. Thomas Szulc ([01:20:18](#)):

So we eliminated, we eliminated in your case, Lyme condition. We did some work on heavy metals and we started detoxification. There was not a long treatment. Do remember that we schedule you for rest of the treatment, which never happened. And we are always open to see the patients for more treatment because detoxification is initial intoxication is only part of the treatment. There are different toxins. One toxins are intracellular toxins and the other, other toxins were outside of the your cells. Unfortunately, you had a lot of intracellular toxins, which require more of the treatment. But I don't know many patients with MS or any neurological condition which are going to be healed with in short period of time. That's a long time of a re regeneration. And this is a, a motor neuron conditions, which one of the major problem is that we are we're not moving in our life accordingly to who we want to do. So we are just in, in a, in a state of being entrapped in this situation. So all of this has to be taken under consideration, but it's a process of eliminate such a advanced condition like multiple sclerosis. We had a fantastic results with most of the patient ms. But unfortunately it takes time. Few minor treatments or few treatments generally for short period of time not going to solve the problem.

Caspar Szulc ([01:22:18](#)):

I think it's a good question about expectations, right? We, we all have different expectations on the healing process. I know some, I don't know Sara, how long your expectations were, but how long was the actual healing process? I mean, it's ongoing healing never really stops, but I mean

Sara Bengur (01:22:33):

It's been 20, 20 years,

Caspar Szulc (01:22:35):

Right?

Sara Bengur (01:22:36):

Sort of, and it keeps, keeps changing <laugh>, it keeps growing,

Caspar Szulc (01:22:39):

Right? And it takes a

Sara Bengur (01:22:41):

Lot of

Dr. Thomas Rau (01:22:41):

Discipline.

Caspar Szulc (01:22:42):

Absolutely. Dr. Rau, when, when you see patients with complex conditions, what are the expectations of time? Because again, it's, it's very hard. Some people are quick healers and the onion doesn't

Caspar Szulc (01:22:53):

Peel

Caspar Szulc (01:22:53):

As many layers and it may be three, six months, but it can be years as well, I'm sure. What, what, how do you set those expectations?

Dr. Thomas Rau (01:23:03):

It sounds arrogant,

Dr. Thomas Rau (01:23:04):

But read my book. So, because this is in a big chapter, it's described in seven years, all of us in here, we have not a single cell is the same as today. And there are tissues which regenerate slower. For example, the nerve cells and the nerve system and the <inaudible> sheet around this is like the insulation around the cable of the nerve, which is destroyed in the multiple sclerosis. You go to the specialist and they make an MRI and they said, oh, you have all these lesions of the myeloma sheets. This is multiple sclerosis. Oh, this is terminal. We have multiple sclerosis. But this is not the case because even this myeloma sheet of the nerve, which is the basis of, of the disease, we can recover. I have examples with proven MLI, they can recover, but it takes at least two years and during these two years you have to nutri five these myeloma sheets very specifically with substances which they need.

Dr. Thomas Rau (01:24:30):

So it is a long process. And there is another point that everybody has a weakness. I have the asthma weakness. Another has stomach, stomach problem weakness. Another one has life. Anthony has his platelet weakness and we have to care for this weakness, more or less life flowing. And the multiple cirrhosis patient unfortunately has this weakness of degeneration of the myeloma sheet. So you have to do a long term support for it. And there are different tissues. For example, the red blood cells, they recover in one month, the white blood cells that recover in three weeks or in four weeks, lymph cells, the immune system. In three weeks we have a new lymph a new immune system. It's unbelievable. The intestinal bacteria, which activates the whole unconscious nerve system, they recover in days. And there are apples like the bolts, like the cartilage, which take long. So it's dictating from the tissue. Okay, any other questions? Yes,

Audience member #3 (01:25:54):

Again, doctors, thank you for being here. It's wonderful, incredible information. My question is, we understand how deeply toxins affect our whole systems. What about nutritional deficiencies? How much of an impact do your nutritional deficiencies play in this whole healing process? Thank you.

Dr. Thomas Rau (01:26:12):

Thank you. My favorite topic, <laugh>. Yes. We drink three liters per day. We eat about half to one kilogram food per day. We are 60 kilogram. Well, I'm think in kilograms, not in pounds. So we, we are perhaps 60 kilograms. In 60 and 60 days. We have eaten more than our weight is. So do you really believe that this does not make an influence? It makes the influence. And with good food you can recover much, much quicker. Even the little child, which is sick, it needs a change of diet and so on and so on. Nutrition is extremely important and nutrition got absolutely much, much worse in the last 40 years. What we eat is absolutely no more to say what our parents 14 years ago were eating, even though we don't notice because it changed so loud, so, so, so slowly. But still it's so different now. We integrated in our new hotel where we have, we integrated a super ismo, strict vegan, non-gluten, non-sugar non-com diet. Well, you have to come to see, you would still survive.

Dr. Thomas Rau (01:27:50):

So why did we do this? Because these are the main factors which are the carrier of nutritional proxies. So only by doing this change of diet of nutrition, even one to three weeks, patients notice they change, they think clear, they sleep better only because of the fundamental change of nutrition. Of course, I don't demand from you. Oh, from now on you have to eat vegan and non-gluten, non-sugar. No, no, no, of course not. But we do this to change the metabolism quickly in one to three weeks, our patients really have a significant change of the inner <inaudible>, which allows the unconscious nerve system, which allows the upper building fall system to reactivate. And even in children, we see this fundamental change. So the nutrition is what you can do. Thank you for the discussion, but you can do, everybody can do clean herself at home.

Dr. Thomas Rau (01:29:08):

You said vegan, sugar, gluten, what was the word? Well, vegan dairy or dairy. Well, dairy belongs to vegan. The, the worst in nutritional load is the cow milk protein eat alpro. This is what I tell everybody, if she or her is sick, just stop fully this any cow milk protein. But we do in our clinic, we need quick response because patients come one week. So it's vegan. This means no animal protein, no sugar, no gluten, because gluten is the second frequent food intolerance existing in the western world. So no gluten because of the food intolerance then vegan to change the metabolism. And sugar is really very bad. And I have half of my patients are cancer patients. And sugar feeds the cancer. If you have cancer, it's forbidden

to eat sugar because this is direct food for the cancer cells. That's why we do this strict approach. Tell us you have

Dr. Thomas Szulc ([01:30:32](#)):

Disadvantage because you are living in Switzerland. So food quality is, you know, fantastic. When you're going over here to United States, you have so much, you know, we are using about 26,000 different toxins in our foods.

Dr. Thomas Szulc ([01:30:50](#)):

So we are really

Dr. Thomas Szulc ([01:30:54](#)):

Disadvantaged

Dr. Thomas Szulc ([01:30:55](#)):

In disadvantaged over here. So

Dr. Thomas Szulc ([01:30:57](#)):

We have to be very careful what kind of food we are eating. And it's very, it's getting worse than

Dr. Thomas Szulc ([01:31:02](#)):

Worse. I think

Caspar Szulc ([01:31:06](#)):

We have another question. Yes.

Audience member #4 ([01:31:09](#)):

This question is for Dr. In your experience how, what would be your approach on a patient that has severe or an acute episode of psychosis in the settings of neuro lordosis? When it's acutely having hallucinations and disturbance on the behavior and you know, in your setting. You know, I I, you know, I'm talking about a personal patient that I'm seeing right now that has acute psychosis because he has Lyme disease and you know, you know, in talking to the patient, to the parents because they, they, you know, they, he's staying out of control. And obviously, you know, the next step is to get to the hospital, have them starting, you know, psych, you know psychiatric medication. But we're trying to avoid that. But what would be your approach in those cases? Well, luckily we do not have many such cases, but just recently we had a severe psychotic patient in our clinic.

Dr. Thomas Rau ([01:32:20](#)):

Just, just when I, when I left, they also left more or less together with me. So from the United States, this patient had problems before she was psychotic, but for me, she's not just primarily psychotic. There is a reason why. And we began to to evaluate, even though she was super psychotic, she was talking to whoever she was crying around. She was really very, very bad. But what did we find? A absolutely horrible toxic load. And we began to detoxify. And within three weeks this patient, she was not healed, but she was significantly changed. You could communicate. She had eye contact, she had hours of being quite quiet, she could sleep at night. And we took her more or less away within three weeks from I would say half of the neurotic remedies and the antipsychotic remedies. For me, a psychosis is a <inaudible> problem. And we try to find, sometimes it's difficult and sometimes is toxic. Clo is deeply like a

impregnation in the cells, also in the brain. Then it takes long, but the process has to go on. And I'm sure that this person will divert, develop even slowly, slowly to the bedroom. And I would not send this lady to the, to the psychiatric hospital because then she would be laden about this, all these remedies. She had several remedies, several severe, strong remedies, and she came.

Dr. Thomas Rau (01:34:30):

Thank you. We're wrapping up now.

Caspar Szulc (01:34:33):

We don't have too much time left. So, oh, now the hands come up. I see how it's

Dr. Thomas Rau (01:34:38):

<Laugh>. Okay, I'm gonna let my microphone man decide please. Hi.

Audience member #5 (01:34:46):

So my name's Stephanie and I was here earlier today. I am one of the people that's on the fence. I am of only my only experiences in western medicine. And I met with Dr. Rau earlier today. He was a referral from my friend Katelyn, who's had, her mother has met with him and her mother-in-law has had success. But I'm actually here on behalf of my 5-year-old who has very, she's you know, out well. She's the youngest of three very outgoing, friendly, boisterous, you know, the life of the party. She will get starting at the age of three viruses in a very short period of time. Child, very typical childhood viruses, after which she will have very bizarre neurological side effects that we, we think neurological side effects. Although neurology has done their full workup, they keep bouncing us to psychiatry and we have no answers.

Audience member #5 (01:35:49):

And now this is the third year where it has presented itself after a series of viruses. And you know, it, it will resolve itself after a period of time, but then she gets hit with viruses and it all comes back. So my question to you is, is this type of approach relevant for what you're hearing? Do you have success with children? And where would someone like myself begin in terms of testing toxic loads and all of these types of things that doctors that I've encountered thus far, they do not test for these types of things. So just any advice for someone like myself that's, you know, up against the wall, no answers. Doors closed in our face. And I have a child here that continues to face the same struggles year every year. We're in our third round of it and we're just, we have no answers. So

Dr. Thomas Rau (01:36:51):

Let's hear from both doctors. Who wants to start? Well, I saw you this afternoon. I was shocked not only because of the case, this poor child, this poor mother, this poor parents, what, what is the life now? So I could cry. So, but you were, you were even in NIH, natural Institute for Health. And they did extremely good evaluation. I was astonished. But what was the consequence? Zero zero consequence. They even saw that this child has high spike proteins. They even saw that the child has high covid antibodies, that it has several other antibodies against viruses and zero action. So no wonder that it does not get healthy. Now the brain gets damaged. No, not damaged, irritated. More and more. This is why the child has this periods. And then I do not know, probably it's still good enough. It has, it has good periods and bad periods.

Dr. Thomas Rau (01:38:09):

I do not know why works, which is, but you don't know either. So, but what we have to do is to stabilize the brain cells and to drain the antibodies and to drain the viruses. This needs action now. Well, this is not

against you. No, it's absolutely not. But how would another know what to do? And not even the, the neurologist did anything? Well, I, I, this is an accusation I know very well, but it's so, so bad. And we had similar children who were told go home. This will be compromised child for always and now fully different because it drains the viruses because we increase the immune system. We do increase, not suppress, increase the immune system and the detoxification tools. It's a long process, I can tell you, but for sure it'll be it'll help.

Dr. Thomas Szulc ([01:39:23](#)):

Well definitely this project that our children are sick and sick and having so many unusual type of conditions. Definitely what we do, we, we do, we rely on our evaluation because this is evaluation when we don't have to guess when we perform evaluation, we know precisely what's going on inside of the body. And precisely we can establish what kind of treatments the child might, might need. And we, at this time when we introducing all different vaccination with messenger, RNA vaccination, we are open to multiple very unusual conditions because we are changing also DNA function and DNA program. We have to understand that DNA is a program for the, for our development and our replication reproduction. So I cannot give you

Dr. Thomas Szulc ([01:40:37](#)):

Any guess,

Dr. Thomas Szulc ([01:40:38](#)):

But we have to determine what is the cause of the problem. That's all, that's what

Dr. Thomas Szulc ([01:40:44](#)):

We do.

Caspar Szulc ([01:40:46](#)):

The one thing I can say about that, because I do speak with so many different patients, even on the podcast, I've had patients who have children

Caspar Szulc ([01:40:52](#)):

And they are on the fence. And it's very difficult to make a decision for a child. 'cause The burden is on you. You have to make the right decision, right? It's no one will tell you what is the right decision. But I will say this, from speaking to so many different doctors and patients, that children are amazing patients. They do not have skepticism over something. They are not yet jaded about something. They haven't gone through the medical system and lost all hope. Well, hopefully not. And they also are completely open to anything. They just accept it, whether it's homeopathy or xing or anything. The body just accepts it as it is without the mind interfering too much. Unless, of course the pa the parents involve themselves and throw themselves into it. But, and they're also young. They have incredible healing abilities, even if they are compromised, as opposed to someone like many patients who have chronic disease that have been dealing it with for decades. And then you really gotta unravel so much more. So I, I appreciate that question because I think a lot of people out there are on the fence now and are learning about this new type of medicine and wondering, well, is it right for me? And I'm hoping that through the information that can give you the ability to make the right decision, hopefully how that child. Thank you. Any other questions? One last question. I shall grant to someone. Oh, there's a hand back there. Yeah.

Audience member #6 ([01:42:19](#)):

Hello, my name's Mitia and I wanna thank you so much for being here. I'm a reiki master and a medical intuitive and ity therapist. And one of my clients was actually just at your facility in Switzerland, and that's why I found out about you. So really excited that you are here and that there are doctors of your ilk who are coming forward and speaking about all of the holistic importances of nutrition and energy. And I was wondering if you often work with reiki masters at all, or, and what your opinion on that connection between the medical field and <inaudible>?

Dr. Thomas Szulc ([01:43:11](#)):

Well, generally if, if the patient requires treatment, because in the evaluation we always check many, many different treatments, which we do not provide. We also check, I always check if there is any other place I will send the patient to have a better results. So if it shows on evaluation, then reiki is necessary to do. And we do also energetic treatments on the different ways. So, but even if it you know, if it will be beneficial in the 50% we are going to send to, to the patient if there is a, a benefit below 50, We don't. We are looking for the different modalities.

Dr. Thomas Rau ([01:44:00](#)):

Dr. Rau we have in our clinic, we do not have a reiki master, but we have energetic treatments. It goes in the direction what Dr. Szulc also does, but a little bit different. There are different techniques and yeah, we have several different techniques. Also energetic and also psychological for consulting, how to handle the situation and so on. But I would never do primarily because I say the milieu has to be clean and then the approach of the patient. Even that the mental approach is totally different than our patients. <Inaudible> is good. So this is the first step.

Caspar Szulc ([01:44:58](#)):

That's the beauty of this type of approach as well. I I always say it is not competitive. You have so many different practitioners out there. I see naturopaths here, acupuncturists, dentists, it's not competitive at all. It's collaborative. You want to put the patient in the middle of the table with all these practitioners around having an open discussion, what's best for the patient, not what I believe is best for this per but together. Let's come to that decision and see the patient as a holistic person and heal them in the way that is best for them. So thank you for that question and I want to thank the panel. I want to thank all of you of course for being here. But I want to thank the panel. Let's give him a round of applause.

Caspar Szulc ([01:45:43](#)):

We've got about

Caspar Szulc ([01:45:44](#)):

40 minutes or so now to mingle network, ask your questions and converse. I think this was a wonderful start in the right direction of a discussion for its healing our society and changing medicine. So thank you all for being a part of it and I hope you enjoy the rest of the evening.

Dr. Thomas Rau ([01:46:00](#)):

Thank you.

Speaker 10 ([01:46:08](#)):

Thank you.