

Caspar ([00:00](#)):

In today's episode, we're unraveling a story that challenges the very foundation of modern medicine. Over a century ago, a pivotal report forever changed how we approach health, sidelining natural therapies in favor of profit-driven pharmaceuticals. What if one of those suppressed therapies could unlock remarkable healing potential that could reverse many of the chronic conditions so many suffer from? Our guest is an Emmy nominated filmmaker that joins us to explore the often forgotten miracle molecule that delivers profound health benefits. This is the Story of O3, the Ozone Documentary with Luciano Blotta. Luciano, so nice to have you on.

Luciano Blotta ([00:43](#)):

Hello Caspar. Very nice to be on. Thank you so much.

Caspar ([00:46](#)):

You know, we, we were chatting a bit before we got started as one normally does, and we kind of got into our story, but I wanna kind of understand. You've worked with some amazing filmmakers, Steven Spielberg, you've been in documentary, you know, all these things. And, and you know, ozone is something that not many people know about really. It may not be the sexiest of topics at times. It's a natural gas, right? What brought you to want to make a documentary about this miracle molecule?

Luciano Blotta ([01:20](#)):

Well, that's a, that's a, it's a fun story for me at least because it's, it's, I'm standing at the convergence point of two of my passions right now with this project,

Caspar ([01:30](#)):

Which

Luciano Blotta ([01:31](#)):

Is filmmaking and health. I've been a health nut all my life, which now we have a name for it is Biohacker. Right? Right. <Laugh>, I think that's, that's the word for it now. Yeah. Somebody who's like so into health that they go down these rabbit holes and you explore all healing modalities. And in my case, it wasn't because I was looking to heal something, but I was sort of wanting to know how to optimize health for, I guess, longevity. I'm a, I'm a lover of life. I'm a passionate guy. Whatever I, I sort of put myself to it is with a lot of passion. And now I'm doing this with the Ozone film because in this journey of discovering health modalities, I learned about ozone and instantly thought, how could this not be something that's real medicine and something that's being practiced all over the place as a normal thing.

Luciano Blotta ([02:29](#)):

Such a simple thing too. That's what blows my mind. And, and it's such, it's almost like a too good to be true kind of therapy from what I'm learning. And that's it's weakness, because people roll their eyes and say, what? It can heal your knee, but it can stop a virus. I mean, how is that related <laugh>? Yep. So that's sort of the, the journey. And I sat down and I started writing after I, I worked on a Netflix show called Rotten, which is a series about sort of food corruption in the food chain and in the food world. And I was so happy working on the film. I, I was a, one of the cinematographers, I shot two of the episodes. I said that that's it, that day. I said, that's it. I gotta write my, my health show here and, and bring and put the focus on these therapies that really nobody knows about.

Luciano Blotta ([03:22](#)):

Because when I ask anybody, Hey, ozone, even when I go to doctors, I recently happened to me when I went to an orthodontist. I'm so excited 'cause I'm, I'm in the middle of creating this project, and I look at him. This was in Argentina, by the way, <laugh>. Mm-Hmm. <affirmative>. I look at the guy and say, Hey, you guys use Ozone here, right? He's like, no, what's that? <Laugh>? So, and that is honestly Caspar. I asked 10 people Ozone, what did it 10? Don't know what it is. Yeah. And that blows my mind. So I feel, I feel it's like a crime. But basically I started creating a, a show that's a many several episode show, episodic documentary series that would put this therapy on the map in a very elegant and fascinating way, way, because it is a movie that we're making, after all, is not some sort of medical dissertation. It's a movie. So it's about people and the journeys of, of the doctors and the patients and the biohackers using this to their benefit and, and the battles, the David and Goliath battles that doctors have to go through to make this happen. And it's just as far as the dramaturgy is great. So it's a, it's a worthy subject. And, and this is where I'm at.

Caspar (04:43):

Well, let's talk about Goliath for a second 'cause, you know, and part of the trailer, you know, you talk about the historical suppression that started about a century ago, and it started with a figure that most of us know the, the name of Rockefeller. Can you go into that and kind of what you learned happened a hundred years ago that changed the game and changed the industry of medicine?

Luciano Blotta (05:05):

Definitely. That's a such a huge point. I actually wanted to ask you what you know about it, because, oh, I've

Caspar (05:11):

Done my research

Luciano Blotta (05:12):

<Laugh> at this point. I don't know a lot and almost voluntarily because I wanna save it for when I start making the movie and get that fresh impression and start investigating. But basically, the Flexner report, as I understand it, was a document that was commissioned by the Rockefeller Foundation, 1909, 9 early 19 hundreds that went and studied what was medicine at the time, and like an evaluation of sorts. And they, I think what, what I think arbitrarily discounted and erased from what is considered medicine, a lot of practices and therapies and schools of medicine that were at the time and completely sort of monopolized the, the medical system into I think two, two modalities, which is pharmaceutical prescriptions and surgical interventions. Mm-Hmm. <affirmative>. And that to me is a, how come this is not known or explored or unpacked. So I want to really dive into that probably in the beginning of the film, because this is, it's more than the story of a, of a therapy,

Caspar (06:28):

Right?

Luciano Blotta (06:29):

This is the story of, of how we got to this point where we're living in now, where it's a crime to mention something. You do a video and you mention certain words and you're persecuted for it. I'm like, how, how is that normal <laugh>? How does, is that normal? Or, okay. So really it's a journey to exploring that. And like I always said, look, I'm, I identify with a peaceful warrior approach. Mm-Hmm. <Affirmative>, I'm not a political guy. I don't know, I don't wanna confront <laugh>. The, the Goliaths the biggest Goliaths. It's not my interest. Like I do it by inspiring. So I want to make this in a beautiful

way where people get inspired by what they see. And it's not really pointing fingers. That's not the agenda. It will be a little inevitable, but it does not, the agenda, the agenda is to show what's out there and you draw your own conclusions. So Flexner report is something I want to explore, and I, I don't know much about at this point, but I will at the end. And I think there's a lovely surprise waiting for me there. As far as Dramaturgy goes. <Laugh>

Caspar ([07:40](#)):

Oh, yeah. Once you jump into that rabbit hole, it really opens your eyes as to why we are where we are in medicine. And I remember reading a book, and I tell people to read this, it's not the easiest book to read, but it's Rockefeller Medicine Men. And it talks all about what happened at that time. And the Reverend Frederick Gates. Now, it was a different gates than Bill Gates at the time. Some people think they're related, and who knows, maybe they are. But he was basically commissioned by Rockefeller to change the, the medical industry, starting with schooling, starting with the universities. There used to be homeopathic universities were very big in the early 1900s, late 1800s. And he basically threw the, the vast amount of money that Rockefeller had was able to start there and basically change the industry because of course, so much of what we have now is petroleum based pharmaceuticals.

Caspar ([08:34](#)):

So they had to use the byproducts and how can you make money? How can you control people through their health? And it really was just this systematic, in some ways brilliant. You could say <laugh>, very, very dark in, in other ways looking at it. But, you know, you look at that and you look at everything that changed, then you start to see, we became a sicker and sicker society. But those types of companies became the Goliaths. They were nowhere, they weren't anything, you know, at the beginning of the century. Now they are the controlling factor, right. Of everything. So, you know, it's, it's one of those conspiracy theories you could say in air quotes that <laugh>, once you look into, starts to really shape why we are where we are in healthcare and why so many are suffering, and why a lot of these natural therapies such as ozone are no longer talked about. And basically, you know, only whispered because the Goliath will come after you. In, in filming a lot of this documentary, when you're speaking to people that are voicing it. Was there any concern that, that, you know, from people, from patients, from doctors that, Hey, hey, I'm, I'm a little, you know, hesitant to share this story because of Goliath.

Luciano Blotta ([09:50](#)):

Yeah, look, not as much as I would've expected. Mm-Hmm. <affirmative>, I guess the, the people who get sort of persecuted the most are the manufacturers of machines. That's right. They can have the FDA rate them, and it has happened. And I may have one of these people probably with a blurred face and, you know, distorted voice or something like that. Anonymous. Yeah. To the story 'cause I think it's fascinating. People need to know this stuff, people,

Caspar ([10:18](#)):

Right?

Luciano Blotta ([10:18](#)):

Like, the world needs to know this stuff, not attacking anybody, I'm just showing you what's going on. Right. And, and as far as patients now, I was at a clinic yesterday filming here in Los Angeles.

Caspar ([10:30](#)):

And was that with Dr. Rahm?

Luciano Blotta ([10:32](#)):

Yes,

Caspar ([10:33](#)):

I know Yoshi. Yeah. Yoshi was on this podcast. Good guy. We, we've, I love EBOO and we use it here and Yeah,

Luciano Blotta ([10:40](#)):

I know. Yeah. So he's, you know, I'm sort of accessing people who are close to me at this point because we're actually doing a global fundraiser to make the movie happen, which we can talk about in a minute for sure. But I was there and out, don't, like, just accidentally, but, you know, happy accident, the synchronicity. There was a, a lady there getting an EBOO treatment, and it turns out she was such a knowledgeable biohacker, I mean, out of control, like the stuff that she's done for her health. And I sort of, you know, exchanged contacts. And I, I might have her in the movie because what I was hearing, it blew my mind that she's doing every therapy to herself. She took lessons and, and how to do things, and, and it blew my mind. So not as much, people are not as afraid as I would've expected, except the, you know, the manufacturers and doctors.

Luciano Blotta ([11:34](#)):

Sometimes they don't want to, again, attack a lot, but rather show. Yeah. And look another thing I learned, which is interesting to me being exposed to the European system. And, and the doctors from there at the conferences that I'm attending, they approach this a lot more cautiously and very, very delicately and very, they don't wanna attack anybody, and they wanna make it be medicine, because it is, and, and actually, you know, there's discrepancies in the dose, high dose, low dose. Yes. They're more cautious. And the Americans are a little more wild west, <laugh>.

Caspar ([12:16](#)):

<Laugh>.

Luciano Blotta ([12:17](#)):

But we're gonna show the whole spectrum, you know?

Caspar ([12:19](#)):

Right, right. Yeah. The Europeans are always of the kind of timid, sort of like, approach to it. Not, you know, not making any wild claims to it, but just utilizing it and getting the results. Let, let's talk a little about the results and kind of what you came to see in, in building out this in documentary and speaking to so many patients. Like you said, ozone's one of those things, like a lot should be in medicine that can be used for multiple, you know, different ailments. What are, what are some of the ones that you saw that, that kind of stuck out in as far as what ozone can do?

Luciano Blotta ([12:58](#)):

Well, the original one that I, I was telling you off camera, but your dad saved a very dear person in my life around more than 10 years ago. Mm-Hmm. And back then, I, I don't remember if I knew about ozone or not, but she said I had Lyme, and that's the first time I heard this. And I, it blew my mind. Like, what the, what? Yeah. And it's this weird thing that only this thing can, can sort of solve it, let's say <laugh>. And he was, it was ozone. And he was your dad that you mentioned. So your dad became an instant legend in my mind. And I said, someday I want to put him in a movie. And that was the beginning of me

learning about this. And from then, anywhere from any viral situation or skin, this is a personal favorite of mine.

Luciano Blotta ([13:48](#)):

And that's, it's an easy access point for people to get into ozone, because you can do it at home. Mm-Hmm. <Affirmative>, which is alternated oils. Yes. And people's minds are blown when I tell them, but they discover that if you ozone is a gas, like you can't hold it anywhere. It's just very volatile and it just goes away. Right. So, but if you infuse it into oil, the oil because of the viscosity holds the, holds the ozone. So now you have portable ozone to put topically in your skin. I have to tell you, anybody out there listening to this it, I say, this is my line. Never leave home without it. Like, <laugh> anywhere. I travel the world with a little jar of this thing. Because anything that you have in the outside of your body, this thing is like, it's almost heals in real time. You can watch it heal, you can stand there, like anything in your mouth or gums. It's the

Caspar ([14:46](#)):

Big one, right? Yeah. Oil pulling with ated oil, just the other day. Great.

Luciano Blotta ([14:50](#)):

Just the other day, day, a friend of mine shows up, she's like, oh, my tooth is hurting. I couldn't get an appointment to the dentist, and I think it's infected. I said, come here, get a little, a little dab of the thing. Rub this on. So the next day I literally, 24 hours or less, I get a voice message on WhatsApp screaming, saying, what did you give me? This is miraculous. I wanna know everything about this. What is it that's, I mean, that's the most recent example I have. And then I use it all the time for any scrapes, cuts, anything you have in your skin. And so it's a really fun access point for people to start learning about it. Yeah. And and it does, it smells like the only downside is that they, it smells like medicine. It smells like this very pungent.

Caspar ([15:39](#)):

It, it, it has that scent. Yeah. Yeah. I mean, it, it, and that's the thing I think where people get it wrong, because as, as we also stated, I think before we started recording, is that it is kind of like a, a noxious gas, you could say almost a toxic gas, right? If you were an inhale, a lot of ozone, it wouldn't be, you know, good you cough and, and everything, but it has such antimicrobial properties and it is natural, right? Ozone is that thing you may send after like a lightning strike and other things like that. And so it's an O3 compound now, you know, just looking at it, you probably dove into this in, in part of that, you know, jumping down of the rabbit hole. But why does this O3 suddenly becomes such an important molecule in, in a lot of healing and therapeutic actions over O2. Can you, can you kind of just break that down in what you know, a little bit layman terms

Luciano Blotta ([16:33](#)):

Yeah. In Yeah. In layman terms, but I've actually, I think I, I explained it well because I'm so passionate about it that I think the passion does a lot of the heavy lifting here. But it's basically a signaling molecule. Mm-Hmm. <affirmative>. So it's, it's three atoms of oxygen when it happens in the sky with the old, you know, the ozone layer. There's a whole misconception there that we are going to demystify in the movie. What is this, what's the ozone layer? What does it have to do? So when oxygen in the air gets electrified, it separates, and then these atoms are floating around and they need to group, and they sometimes group into three into three, and that's the O3. Now this is the molecule of ozone, and it's a signal of molecule when put into the body because it, it sort of, it's an oxidant.

Luciano Blotta ([17:26](#)):

And we heard about antioxidants and how good they are most of the time. But an oxidant can trigger all these healing mechanisms in the body to start doing what it needs to do, let's say, on steroids. So because it's such a molecule that the body sees as a hormetic aggressor, I guess it's something that, oh, what is this thing coming in? Let's quench this. Let's send our best, you know, juices and, and yeah. And things that we have on board here to start healing. So it causes, you know, reduction inflammation and immune immunity, boosting immunity. And it neutralizes because it's antibacterial, antiviral, it neutralizes any pathogen by a simple mechanism of oxidation. So, and it is, it's really innocuous to, to the human, to the human being. Except, and this is the whole misconception, and the whole FDA hang up with this thing is basically it's nonsense because they, yes.

Luciano Blotta ([18:35](#)):

Ozone cannot be breathed. You can't breathe ozone, because the, as I understand it, the lungs don't have the antioxidant capacity to buffer the oxidation the rest of the body does. So that's why you can't breathe high concentrations of ozone, but in the atmosphere is present, but it's a low concentration or it's up there, I really dunno yet the specifics, but there's actually ozone generators for the home that blow ozone. And I am like, wait, I thought you couldn't breathe. Yeah. It's such a low dose that it doesn't do anything to you, but it, any pathogen, mold, anything in the house, it just zaps it out, neutralizes it. So that's, that's what it's doing. So it's such a simple thing. Like our doctor in the trailer that we have, we have at some point, you know, it's a proof of concept eight minute trailer. You can go watch and, and see what this is about. And you'll see that you, you get the feeling, the idea behind this was to show what the movie would be like. And you see that it is not really a therapy. There's beautiful people there. You laugh, you, you get emotional, and a lot of things are going on because it has the potential to, to carry itself like that as a, as a story, you know? Yeah. And yeah. So that's basically my take on that.

Caspar ([19:54](#)):

Yeah. No, and, and, and that's the thing. As much as it's you know, it could be used in medicine, meaning you do you know, major auto hemotherapy where you're in, you know, ozone into the blood and bringing it back into the body for a systemic effect. You could do an ozone oil, right. And you could use it for so many other things. It's a disinfectant. So you could have a ozone generator that just disinfects, you know, you could use it to help clean vegetables and, and, you know, produce. Right. I've seen it used. Yeah. A

Luciano Blotta ([20:26](#)):

Laundry machine

Caspar ([20:27](#)):

Is a natural way. No chemicals, no nothing.

Luciano Blotta ([20:30](#)):

Yeah. I've seen people with a laundry machine and I'm really curious about one.

Caspar ([20:34](#)):

Yeah,

Luciano Blotta ([20:34](#)):

Yeah. It makes so much sense. Like, everything gets neutralized. I mean, also is used in water sanitation all over the world.

Caspar ([20:42](#)):

That's throughout Europe. Right. I think you know, St. Petersburg and Moscow are utilizing it, it with UV light instead of fluoride and, you know, chlorine, all these other chemicals.

Luciano Blotta (20:53):

Right. So it's, and the beauty also in <inaudible> seems, seems to be that because it's a signaling molecule, sometimes you don't need a lot. It's not really like, do more is not better kind of thing. Right. And it is extremely powerful. So yeah, like everything else, you overdose on it. Yeah. There's gonna be problems. But that's the case for everything in life. <Laugh>, pretty much.

Caspar (21:17):

Yeah. Yeah.

Luciano Blotta (21:18):

So it's it's, it's an amazing thing. So we're start, I'm starting the project that it's the episodic I told you about with the Ozone film as an independent endeavor, meaning I can always try to go to the movie business and say, Hey, this is a show I wanna do and see if some entity wants to get on board and finance it. But the moment they do it, you start losing control. And the movie right, is not what you expected anymore. And other people and ideas start to manipulate and influence and transform it into something else. So what happened here is I made this trailer and I presented it at a ozone conference where the community ju just jump jumped out of their chairs and said, we want to make this, we want to finance, what do you need? And I said, wow, this is such a refreshing and unbelievable opportunity to make this the right way, because we will regain control, retain control, and no drama.

Luciano Blotta (22:26):

Unnecessary drama will be featured just for thrills. Right? So that's what we're trying to do. And therefore, a fundraiser was born that is in effect right now, I think by the time this airs is still going on Mm-Hmm. <Affirmative> will still be going on. So we invite people to, if, if they believe in this cause to, to jump on board and, and sort of pledge and donate whatever they can because it's, it's, it's the number that we need to reach, but also the volume of people that come in create a snowball effect. So this is on the platform, Kickstarter, the website is 03movie.com. That's where we, where you can learn everything about the project, watch the trailer, and then maybe visit the Kickstarter. So that's how, that's how it was born. And I felt such a good vibe. I just following energy and I'm just, I'm very energy type guy and it's so congruent and it's so harmonious that I sort of extracted that episode, so to speak, from this Mm-Hmm. <Affirmative>

Luciano Blotta (23:30):

Show. The show is lives exists on paper right now, but that's what you use to sell a show. It's a, it is the paper, you know, project and a trailer. So I have those, those things. But then these people were so into making this independently that I said, that's a great idea. And that's where we're now trying to make it happen that way, so that this can come out the way it needs to be. And then it will be on the platforms, because I have distribution there. It will be on, this is most platforms, digital platforms as a movie and where people can go and watch it. So this is a big deal because a lot of this information, and one of my motivators here, it's because gets presented either in an underground new agey way that instantly turns a lot of people off, or very conspiracy like Mm-Hmm. <Affirmative> approach, which turns a lot of people off. Or it's in podcasts, which are amazing. But you have to be looking for something and know what you want when you learn it through a podcast. So this is sort of try to bypassing all that and put it in front of people as a piece of entertainment or edutainment

Caspar (24:43):

Yes.

Luciano Blotta ([24:43](#)):

So that they're in a, they're in Amazon or wherever they are, and wow, what is this movie, you know, the miracle molecule? Oh, let's, let's check it out. And then hopefully keep their attention and look, we all know somebody who needs to help or is dealing with some health issue. If it's not us, it's somebody we love, or somebody we know, or we wanna know it for the future. So it's a valuable thing. And it's, I think the world kind of, this story wants to tell itself. I think the world is ready to hear it. So I'm just a vessel, I'm a connector. I'm here to amplify the voices of those people out there that need their voices heard and, and get it to the people that need to hear it. So that's why I feel so congruent with this project. It's the combination, combination of my two passions. And I couldn't be happier personally doing this. And it's, it is very smooth, as smooth ride so far. <Laugh>

Caspar ([25:43](#)):

No, it, it's, it's a wonderful trailer, right? And I, I tell everyone, go, go to O3movie.com, watch the trailer give to that Kickstarter to get it independently funded. Is the idea Luciano then, from, from that funding of it all to go through the distribution channels like Netflix, Amazon, and everything, and ha have it exposed to as many people to build awareness that way?

Luciano Blotta ([26:05](#)):

Oh yeah. Absolutely. That's where it's going to live. Yeah. I mean, Netflix works a little differently because they either pay for something upfront, but then they own it.

Caspar ([26:14](#)):

Right.

Luciano Blotta ([26:15](#)):

Then they tell you how to do it. Yeah. So we're not doing that. But I have with my distributor that has all my movies out and my projects guaranteed that they're gonna go on all the other platforms. I can name them if you want, but

Caspar ([26:29](#)):

No, no, no. I, I was just thinking, because I, I remember, I, I have a friend, Frazer Bailey, who made documentary Root Cause that went out on Netflix about Root canals, my

Luciano Blotta ([26:39](#)):

Friend too.

Caspar ([26:40](#)):

Oh, you know Frazer? Yeah. Yeah. Frazer. Frazer was a, you know, instrumental. I met him all those years ago at a conference we were hosting. And he came, his girlfriend at the time was in the learning from us, and he came and we actually diagnosed his whole dental foci. And he went from there and started. So he was awesome. But then two weeks into it being on Netflix, the ADA American Dental Association attacked Netflix and basically said they can't be putting out this and they cut it. Right. So, I'd hate to see that happen to this, because again, if it, if it does what it's supposed to do, which is build awareness and educate, it also will upset those that don't want it there. The Rockefeller people that you know, are doing this. And do you foresee that at all? I know things have changed even since Root Cause

came out, and there's a lot of things that are out there that are, you know, somewhat you know, on the edge and may upset some people, but do you feel there's enough distribution channels that Goliath won't get its hand involved and, and to find a way to, you know, censor this

Luciano Blotta (27:46):

<Laugh>? Oh yeah. Those days are, are over. I think

Caspar (27:48):

You think so.

Luciano Blotta (27:50):

First of all, shout out to Frazer. 'cause He's been like, he's amazing.

Caspar (27:54):

Yeah. Frazer's the best.

Luciano Blotta (27:56):

I hello to Frazer. He's been like involuntarily like my advisor on, on whatnot. Amazing. Just to not get banned. Yeah. But look, I think that that film is a lot more incendiary, <laugh>, so to speak.

Caspar (28:10):

It may be, yeah. In terms

Luciano Blotta (28:11):

Of, they, they, they really point to a problem and Right. A lot of people can feel threatened. I think in the case of the Ozone movie, it's a little more spread out and diluted. Mm-Hmm. <affirmative>, we're not attacking some specific entity or procedure or anything like that. Also, look, Netflix has that power 'cause they, you know, they license the film from Frazer and they decided to turn it off, and they can do that. But then you have the rest of the world and the platforms. And these days you can host your own thing and, and have it, have it watched. So in any case, they can, they cannot ban it from your own website, let's say. You know? No, they can try turn it off. They can start, you know, attacking you personally, whatever. But yeah, we'll see. I don't know. I don't even wanna think about that part. Yeah,

Caspar (28:59):

No, you gotta think positive, right? I, I'm just bringing it up to play devil's advocate a little bit. I, I've, I've spoken to Frazer since then too, and I think you probably advised you the same stick to focusing on the stories, right? The people, the results. Because he said himself, he understood that he was, you know, kind of attacking in some ways, involuntarily, not necessarily, you know, with malice doctors' whole way of making income through root canals and other things, then connecting it to possibly cancers. And, you know, all of that could be seen as fear mongering and upset people. I think when you just stick to a natural, natural compound in therapy, like ozone, you tell the stories of people you know, know. It's, it's not to say anything else is terrible. We need to like, you know, go after them or anything. It's just to say, Hey, here's an option you may wanna look into.

Luciano Blotta (29:51):

Right. Exactly.

Caspar (29:53):

Yeah.

Luciano Blotta (29:53):

Exactly. So that's my hope. And the, the mission and the road that I'm traveling, it's sort of there, you know, and it's tempting when you're in the editing room and you're building a movie because movies get really built in the editing room afterwards. And it's tempting, you know, you have opportunities to make it bring up the spice, so to speak. Right. Or dial it down.

Caspar (30:18):

People love controversy. <Laugh>,

Luciano Blotta (30:19):

I guess I, yeah. Have that responsibility to make it, to make it a little bit of everything. Now I know that I won't be able to please everybody. 100%. There's a lot of people involved here. Everybody's jumping on board. The support is incredible. All over the world. Doctors, clinics are donating. Everybody's like, it's, it's unbelievable. It's beautiful. Now you know, that's, people have different opinions and like I was saying earlier, the Europeans with a low dose, the Americans with a high dose. Yeah. I can tell you one thing. I know I won't be able to please everybody. 100%. Like any movie, two people go watch the same movie. Somebody is like, oh, okay. Oh, I loved it. Right. So that's going on, of course, 'cause it's a movie. But I can tell you that I think everybody involved will, will be proud. And to have this, and to have been a part of it and help make it happen, that I can pretty much guarantee because yeah. You can see from the trailer what the mission is and

Caspar (31:30):

Yeah. Yeah. No, I, I think it would be an amazing educational kind of, you know, documentary and really showcase the benefits of this. Is the idea, Luciano also to then continue onto other, you know, types of therapies and other things that may educate people as to, oh, there's more than just ozone and conventional medicine.

Luciano Blotta (31:52):

Great point. Yes. Absolutely. Yes. Now that's a Goliath for me to tackle the show that I actually created. It's already created just on paper. So I'll tell you a bit about it. But like I said, because I felt so much love from the Ozone world, I extracted that episode and we're making it as a standalone film to then serve a, say, proof of concept or pilot like it used to be called for the rest of the series. It gives us a lot of power and more Yeah. More and more strength to come, come into the film world and say, Hey look, we already have the first film. People love it. Help us get the other stuff done. And, and so that we don't have to do it with a fundraiser 'cause It's, it's a lot of work. The fundraiser. I know it may or may not work, I know.

Luciano Blotta (32:42):

But somewhere or another we'll get this movie done. And, and I decided to start there. The next one that I have planned, which is another therapy that I am absolutely fascinated by, and I think it's another crime that it's not used, is chelation and everything, everything relating to how to get these heavy metals outta your body needs to be addressed. I cannot understand how this is not a part of medicine. Right. The elephant in the room and it's, you have nobody knows about it. Like, and especially there's a way to do it. And again, this story has a lot of dramaturgy in it as well. It's, it's my, yeah, it's the, I would jump onto this one right away. If so, once this is successful, that would be the next one. Because there, there was an, a trial the TAC trial. I don't, are you familiar with it?

Luciano Blotta (33:45):

Heard of it. Yeah. Or two of them. And the first one was so successful accidentally because they actually did the trial to prove that this is quackery. Mm-Hmm. <Affirmative>. That was the mission of the trial. That's why the guy, the doctor in Miami got the money to do it. I am friends with him. And, you know, we were, we were talking and 'cause I wanna tell the story. And, and then the trial was so successful that I, apparently medicine, nothing like this has ever seen. I mean, in an area that was completely unexpected, which is was saving, you know, gangrene feet from amputation from diabetics. It had a profound impact there. And there were like, Hmm, no, this is not enough proof. You gotta do another trial. Now that's another 10 years of somebody's life. Yeah. That line that doesn't know what's going on. And this just concluded a few months ago, and I actually tried to be there with the camera because it coincided with me already beginning to pre-produce this project.

Luciano Blotta (34:54):

I said, this is incredible. The timing is perfect. I I wanna be there when they open that folder up and reveal the results. Right. with the help of this cardiologist in Miami, I, we wrote letters and tried to do the whole thing, but I was denied. And I, otherwise we would have the footage of the moment. So now I actually don't really know what happened with this trial. I think there's some conflicted things I've been reading that feels suspicious to me because the trial was like over 56% successful and this one is not how like <laugh>. Yeah. So yeah,

Caspar (35:37):

That's, that's the tough part of the politics in, you know, the these sort of elements of study trials and, and research, right. That, that, you know, there's money involved and when there's money, there's motivation on either side by many different people. And that's, that's the unfortunate thing is the reason I like to say evidence is wonderful, but I think experience is something that you can't really buy. Right. Evidence can still be somewhat subjected to influences, but you know, your experience is something else. And that's what I think you're able to do in this documentary with ozone, is show the experiences of so many and show those positive results and what those people are actually saying, you know, the evidence may, you know, be deciphered differently or we need more, you know, more studies, more this, more that. But the experience you can't really go against because it's someone just telling you precisely their truth. Well,

Luciano Blotta (36:31):

That, that's been in my life personally. I know it's a little innocent to say it.

Caspar (36:37):

Yeah.

Luciano Blotta (36:37):

But if, if I see something work, I mean, why is that not evidence? For example, like I say with the, with the oils, I put this on my skin and just try it for yourself. Like, what else do we need to know about this? Like, look at the thing, you know? Right. It's immediate and it's, it's not some gnarly cream with all this chemicals in it. It is like the most simple, it is actually olive oil that they put it on. That's

Caspar (37:02):

Right.

Luciano Blotta (37:03):

And oxygen and voila. And like, I don't need more evidence. Do I need a 10, \$20 billion trial in 10 years to show that this cream is good for, for the infection on the skin?

Caspar (37:17):

I know. I think part of the problem, Luciano, is people are drawn to new and, you know, flashy and complicated things. Right. That they don't even understand chemical names. They could never pronounce themselves, but, you know, clinically shown to do this and that. You know, but, you know, if that were the case, you know, if all the research we've had and so many decades for things like cancer and everything, then why aren't we healthier? Right. If the evidence really took us to a better outcome than we would be a healthier society, because there is trillions of dollars being poured into these types of trials, research studies, you know, the war on cancer has been going on for decades. So much money has been poured into it. We have more cancer than ever. Right. So, you know, that, that, that to me is where I, I start to say, I, I know that evidence is very necessary, especially in a field like medicine. But at the end of the day, what is your experience? Did you get better with a more natural simplified approach or not?

Luciano Blotta (38:21):

Yes, I agree. It's, it's, it's sad. You know, it's, you see, it's, it is impossible not to get into the conspiracy side of things. It

Caspar (38:30):

Is, it's, it's <laugh> It's very difficult not to even use that word, <laugh>.

Luciano Blotta (38:35):

What, what would you say to this 'cause sometimes I guess in my personal circle, I'm telling them what I'm doing and of course they don't know what it is everywhere, like I said earlier. And they're like, you know, those who wanna play devil's advocate. Oh wait, look, I, I don't think big, big pharma loves money. So if this is good, why wouldn't they want their hands on it? And what do you say to that?

Caspar (39:01):

Oh, can't be patented number one.

Luciano Blotta (39:03):

But still, I mean, doctors are are profiting from it actually all Yeah. Are,

Caspar (39:11):

Yeah. Are they, are they to the amount that that big pharma and shareholders enjoy? You know, you think about drugs, you think about the ROI I've seen what the ROI is, you know, in the thousands of percent sometimes on all these. It's the reason Bill Gates has made so many millions and millions of dollars off of investing in things like vaccines and healthcare. It's incredibly profitable. It really is. And as soon as you drop the patent, let's say we know this from things like Ivermectin and others that have dropped that are Nobel Prize winning drugs. It just doesn't have the same appeal to these companies. And, and again, I have a background in business and finance. I've worked in the Wall Street area and everything. And you have a fiduciary duty to make as much money as possible for your shareholders. And everyone wants more. Right. So if you said, all right, we have something that number one could really help a patient quickly isn't that expensive because, you know, it was zoned relative, you know, to a lifetime of drugs is rather inexpensive and will help prevent disease in the future. Those three things are like less profit, less profit, less profit. Basically

Luciano Blotta (40:22):

Is is the no-no. Yeah. Because it actually helps huge,

Caspar (40:25):

No known business

Luciano Blotta (40:26):

Doctors have told me shocking things. I want to really unpack it and get to the truth of it. But they say, Hey, if ozone was put on the map, it would decimate, it would bring the pharma profit to down to 30% from a hundred. Like, I

Caspar (40:44):

I would say 80% of the, that revenue and profits would go down. They'd still be incredibly profitable, but they wouldn't be the Goliaths anymore with the billions and billions. Right. They would be a normal company, a large company that makes hundreds of millions, let's say.

Luciano Blotta (40:58):

I think also given that it's, it's really the simplest thing. It is very cheap 'cause It's just an <crosstalk> there, right?

Caspar (41:08):

Yeah.

Luciano Blotta (41:10):

It's, I understand why the price is what it is now, but in the future, to me I see it as, it's like somebody putting a bandaid when you're, you're any clinic, any doctor, office. Oh, here, let put a bandaid on that for now. Like meaning so accessible that it's like it's there on the shelf and you do it and it's not an expensive thing.

Caspar (41:31):

Right.

Luciano Blotta (41:33):

It heals. So maybe it was a bad analogy 'cause bandaid is, is the,

Caspar (41:39):

I know it's, it's analogy usually associate with conventional

Luciano Blotta (41:43):

That's pharma does <laugh>,

Caspar (41:45):

It's put a bandaid on it. But it's the healing process of what happens under,

Luciano Blotta (41:49):

I don't know, something that's just on the shelf there. It's a such a simple, cheap thing that you don't even, it's it, it's so accessible 'cause I see it as such. I mean, the other thing that you can do, and I don't know, you can tell me what you think about this one, but yeah, I don't know if if to really show this on the movie or not yet, but how this is something you can access at home. Because if you're a biohacker and so inclined, you can have your own small little machine. It is not terribly expensive for what you can get out of it for a lifetime of treatments at home. And there's other ways of administering at home that are not so glorified. But

Caspar ([42:26](#)):

Rectal insufflation, I believe is the, the term you're looking at <laugh>

Luciano Blotta ([42:31](#)):

That, you know, you can put ozone in many orifices of the body.

Caspar ([42:35](#)):

Yes. Yes.

Luciano Blotta ([42:36](#)):

Except your nose. Don't put it in your nose

Caspar ([42:38](#)):

Not to breathe. Yeah.

Luciano Blotta ([42:39](#)):

Or you can drink ozone any water. That's

Caspar ([42:41](#)):

Right. Or

Luciano Blotta ([42:43](#)):

Even as a mouthwash. Have you ever tried, I mean, forget mouthwash, this thing, it's also native water. It's, it's like the best mouthwash in the universe.

Caspar ([42:53](#)):

And again, I I I recently posted on this like Listerine Cool, Mint Listerine is actually now linked to increased numbers of oral cancers because you're killing your, it's a antiseptic. You have oral microbiome that is necessary good. You know, bacteria in your mouth get rid of that. And it's actually increasing the number of cancer when so many people, again, I'm pretty sure the 10 outta 10 people that don't know ozone would say there's nothing that could be bad about Listerine. It's been around forever. It's great when you're right. Something like ozone is way more beneficial to rinse with. Just ozonated water would be so much more beneficial. But again, if the awareness isn't there, then you can't do much with that because the information isn't in the head. And then I think also one of the things I'd love to hear your take on this, because there is a belief system, right? There is a belief systems in people's minds still that, you know, healthcare, medicine, FDA, government, they can't be all like, you know, against it. And, and if they're not talking about this, then it can't be really something that is so, you know, significant to our health. So, you know, part of it is also Luciano. I think education is great, but how do we then change the belief system that takes time to unravel in basically everything you've been taught? Deprogram?

Luciano Blotta (44:21):

I think it goes back to the Flexner report. Yeah. 'Cause It all stems from there. Because it has to start in school where the doctors are being trained.

Caspar (44:29):

That's right.

Luciano Blotta (44:30):

Because people are listening to the doctors. Up until now, I guess we're in an era of communication now where this is changing. Yeah. But it, it all stems as a residual thing from that where you listen to the doctor, if he's not talking about it, then it's quackery. Yeah. And this has been perpetrated and it's floating out there. I ask like, like I told you, I go to a dentist, I turn around, Hey, you guys use ozone here. Right? Because ozone in dentistry is such a no brainer.

Caspar (44:59):

Yeah. It's

Luciano Blotta (45:00):

Such a no brainer. 'cause It's tough.

Caspar (45:01):

It's probably the easiest way to, to start with something is dental

Luciano Blotta (45:05):

Product for yourself. Like a deal with my friend, put it on your infected tooth or your inflamed gum and call me the next day. Literally. I'll be waiting. Yeah. It's illegal. So in dentistry is such a no brainer. And the other, the other nice aspect that I want to explore in the film is how is being used in veterinarian use? Because, and this is the important point, animals don't have placebo effect.

Caspar (45:33):

This is, right.

Luciano Blotta (45:33):

So explain this to me now. How, and you look at the testimonials, how the anything, let's not even mention anything on the skin. That animals get a lot of problems, you know, in, in their skin. And the fur gone. I did that with my mom's cat one day. She called me the same, the same. It's a pattern. The next day she calls me, she says, what do you, this thing is amazing. I could see the, the ear, she had a bite in the ear something. Mm-Hmm. <affirmative> the cat. I could see the healed. Like, this is done. It's healed. Yeah, I know. Like, I know I roll my eyes, I'm, my gosh, this is <laugh>. Like I know, I know what I'm gonna hear the next day. <Laugh>.

Caspar (46:15):

Yeah.

Luciano Blotta (46:16):

So that's, I

Caspar (46:18):

I've heard people say that both animals and children are the best patients because they don't have those preconceived notions of whether something is going to work or not. They just accept it as is. Right. Because they do, they won't know what's happening in a sense. And that's why, so-called alternative therapies work so well. You have horses that heal so quickly with pemp, with ozone, with all these things that are alternative. But the veterinarians are using it, seeing great, great results. And that also goes back to placebo, you know, effect is really just your belief system in something.

Luciano Blotta (46:53):

Right. Which, which is definitely a thing. Oh,

Caspar (46:56):

Huge.

Luciano Blotta (46:58):

It's a thing that you can use in your favor.

Caspar (47:01):

Yes.

Luciano Blotta (47:02):

But just to, to prove to I guess deniers that the animal aspect is a great one to show. Yeah. Because I've seen things in the, in the photos I've seen in the conferences and and such where here's the distinction. Like it's not like they put us on any heels and how, you know, it worked or how fast. No, no, no. These were animals that were put on traditional

Caspar (47:25):

Right.

Luciano Blotta (47:25):

Clinical treatments. And nothing wasn't working. It wasn't working weeks and months on antibiotics. Nothing's going on. They do ozone a few times and it's done resolved. So that's the main point. I saw a horse that had its entire back, like open, it felt like a butterfly steak. I had never seen anything more shocking in my life. I'm like, how is this horse even standing? They bag the horse with a, the bag and ozone bagging. So you, you cover the skin with a bag and you send alternated the gas there and, and slow. The only thing they did slowly that wound, I'm backed to almost no stitches, nothing. I mean, you couldn't even stitch it. It was a foot wide. Like wow. So this is mind blowing. And, and it really is starts to be documented. There's another aspect that's, is kind of like a hush hush thing, which this is very fabulous for athletic performance and athletic enhancement.

Luciano Blotta (48:29):

And there's, it's con, I don't know really if, if it's considered doping or anti, you know, is it for, for sport competitive sports? I don't think it is. Especially if you're not doing anything with the blood. So it's being used all over the place. And for any traumatic injury. That's the thing. When they discover prednisone, which which is the injection directly onto a joint of the ozone gas, which works locally instead of systemically, like the blood treatment. You see it in the trailer. Every that, that trailer was filmed. I was at that clinic for one day and a half and I was exposed to the patients that were there that day. It's not even a

premeditated thing that I looked for the world for the most impressive treatments sort of patient's testimonials. Yeah. This was just what I found that day.

Luciano Blotta ([49:27](#)):

Maybe when I went there, if there wasn't anybody there, then the trailer wouldn't have those testimonials. It's just they were there. Right. And all of them are incredible. Yeah. Like some guy that doesn't, doesn't know why he doesn't wanna know. He's like, dude, they gave me <laugh>. They gave me this injection in my back. I threw it out in the gym. I walked outta here. Done. Then the old lady is really funny that she's, she's been using it for her vision and does nothing else. And Mm-Hmm. <Affirmative> and she's 91. Mm-Hmm. <affirmative>. And the lady with the arthritis in the hands, and this is something you can see, you can visually see it. And she told me she, she couldn't even put the zipper up in her pants 'cause it hurts so much that just that movement and that how ozone the first treatment, she's like, what is this? Like, feel it already. Like it's Yeah. Bringing down the inflammation and the lab work shows that the proof is in the pudding. Like the lab work shows with numbers. So it's what else does certain, what else do we need to prove it? Right.

Caspar ([50:35](#)):

And if nothing else, I would hope that people, by bringing their awareness to it, would at least say, why wouldn't I try this first before I go to something that has side effects or that may require surgical intervention that is quite invasive with a lot of possible complications. I've always thought that, you know, it's, it's one thing to be even skeptical, but why wouldn't you try something and work your way up to the most kind of side effect or most kind invasive type of approach and not start there and then work backwards and then finally end up, you know, with, oh, all right, I'll try ozone. After doing all the drugs that, you know, have had so many side effects surgery that didn't take, and now I have surgical scars and all these other things, why won't we start there? And I'm hoping this is what we're able to find out, you know, is, is that people's awareness will say, well, why don't I try it before I go to the drugs for life.

Luciano Blotta ([51:31](#)):

Right. There's a place for everything. I mean, modern medicine, it's, it's science fiction. It's incredible what it can do. Sure. It's more designed to save you from drastic situations. But this is actual health and health prevention, which is a different story. Yeah.

Luciano Blotta ([51:51](#)):

It's, it's, I mean, look, it takes two to tango. This is, I always say this because there's a tendency to blame the system and blame the doctors and yeah. That's very tempting. And you know, it feels like you're in with a cool crowd when you say that, but it takes two to tango. But also people, I think we're entering the era where you have to, it's in your best interest to become a biohacker, so to speak, and sort of take a little bit of more control and decide. And, and from the menu of options that are out there, I don't see a world where the paternalistic, you know, doctor Mm-Hmm. <Affirmative> mentioned relationship is, is definitely been broken. And, and maybe the old timers are still, you know, I understand how this is a weird concept, but with the amount of information that exists today, and most people who are healing traumatic things and situations, they had to become biohackers and Yeah. And look for themselves and try things and put a lot of effort and become the CEO of your health. This is

Caspar ([53:00](#)):

Most the time. It's, it's out of that necessity. Right. If you're sick and you're running outta options, it's necessary to look outside that and be your own best advocate.

Luciano Blotta ([53:10](#)):

Yeah. So it takes two to tango. You can blame them all you want, but if you're not, you know, if you just want the pill and the quick fix, then it's on you too. So that's why I think ozone is a beautiful biohacking modality and to use that word, but like a healing modality that you can access yourself at home if you want to. If you're so inclined and you're adventurous enough with the right, you know, coaching and knowledge how to do it. Otherwise go to a clinic and you get it done there. And like you said, then you can escalate from there. Which, and the other thing is it's also a very good adjunct to any other therapy. It makes them better, it makes everything take antibiotic also. Is that Wow. For any, that's what I'm learning. And so mm-hmm. <Affirmative> palliative for people who are in terminal situations, it just make things better. So yeah. I like, like your doctor says in the movie, in the trailer, I'm not gonna sit here and say ozone cures anything. Mm-Hmm. Let's start there. It, it's, it's not the ozone. It's your body being, being awakened to do the right thing. And yeah, ozone directly has an oxidated thing onto pathogens, but the rest is your body doing the right thing and being instructed by the ozone signal to do the right things.

Caspar ([54:36](#)):

It's simply a natural catalyst to your self-healing mechanisms. And that's what else could you want in healing is just something to awaken what you already have inside of you to make you the healthiest version of you. So, you know, I I, I always said it's, it's something everyone should look at. And I really do hope this documentary allows people to at least become aware of it and start to see how powerful this could be. Luciano where can people go again to learn more to you know, give to the Kickstarter fund.

Luciano Blotta ([55:11](#)):

So you can either go to kickstarter.com, that's where we're hosting the fundraiser, and then just searching the bar. O3 movie. Just plugging in oh three will take you to, to the campaign. Otherwise you go to the official website, which is O3movie.com. And there you'll see the link to Kickstarter. But you learn about the movie and watch the, the trailer and the Kickstarter is live until December 22nd. That's, that's when it closes. And that's when we need to reach the goal by December 22nd, 2024. So yes, I invite you to be a part if you believe in this cause and this message, I always ask people who know me, don't do it for me just because you know me, watch the thing. And if you're moved by the message, then take action. You know, it's, you're not doing it for me. This is for, for the world people who are donating. They, I want 'em to understand that it's it's not for me. It is bigger than me. It's bigger than all of us. You're really being helping. The world gets this. So that's why it's a collaborative thing. And it, there's a pride in that to say, Hey, I was a part of bringing this to the world. That's what, that's what this is about. Mm-Hmm

Caspar ([56:29](#)):

Mm-Hmm, <affirmative>.

Luciano Blotta ([56:30](#)):

No. They give money to this guy. So you can make a movie. No, no, no. It's, I'm putting my grain of sand so we can have this exists. It's like a magic wand because if everyone does it without questioning or thinking too much about it, it doesn't matter the amount. Because if everyone does, it could be five bucks, we get the movie done. Yeah. It's a matter of time. You touch a movie appears on the other end. Yeah.

Caspar ([56:55](#)):

That's

Luciano Blotta ([56:55](#)):

What, that's what it is 'cause I'm there in the middle making it happen. And it we'll go out. So

Caspar ([57:01](#)):

Well, it's, it's entertainment that heals us, that helps us. So that's the best kind of entertainment. So I'm, I'm really hoping that everyone could go there and donate to that and make this a reality, because it's really important. And, and I wanna thank you for being such a pivotal part and, and bringing this to the world because we, we need some healing in this world and we need to know of the options out there that will preserve our greatest wealth and health. So thank you so much for that.

Luciano Blotta ([57:29](#)):

Thank you for the time. And by the way, please keep, keep an eye out for patients at innovative. If if you, something comes to mind that needs to be documented that we're looking out for these type of stories. So

Caspar ([57:42](#)):

Yeah. Well, we got, we got plenty. So let's, let's, let's talk about that. You know, let's talk about that some more and showcase some more of these things. I'm sure you got a lot of other documentaries Yeah. You could be doing about this. So, Luciano, thank you so much.

Luciano Blotta ([57:56](#)):

Thank you. Thank you, Caspar. Real pleasure being

Caspar ([57:59](#)):

Here. Yeah. Be sure to go to [O3movie.com](#). Give to that Kickstarter. You have until December 22nd. Let's make this a reality. And until next time, keep writing your own healing story.